



Triangle Adult Hockey League



All players will be required to have a number and wear jerseys that are the correct color. This is to ensure that statistics can be kept up-to-date and accurate. TAHL is USA Hockey sanctioned.

All players must be registered with USA Hockey and provide proof of registration with USA Hockey. Register at www.usahockey.com.

Initial Here:

B Division – Winter 2026

\$405 Per Player - \$202.50 Captain/Goalie

Sunday Nights (January 4th – April 26th)

NO GAMES ON: February 8th & April 26th

15 Games guaranteed including Playoffs

League includes:

- USA Hockey sanctioned League and Officials
- Team statistics kept by DaySmart

Roster Requirements:

Maximum - 16 Skaters and 2 Goaltenders

Minimum - 12 Skaters and 1 Goaltender

Initial Here:

C Division – Winter 2026

\$432 Per Player - \$216 Captain/Goalie

Monday & Tuesday Nights

(January 6th - April 28th)

16 Games guaranteed including Playoffs

League includes:

- USA Hockey sanctioned League and Officials
- Team statistics kept by DaySmart

Roster Requirements:

Maximum - 16 Skaters and 2 Goaltenders

Minimum - 12 Skaters and 1 Goaltender

Initial Here:

D Division – Winter 2026

\$432 Per Player - \$216 Captain/Goalie

Thursday Nights (January 5th - April 30th)

16 Games guaranteed including Playoffs

League includes:

- USA Hockey sanctioned League and Officials
- Team statistics kept by DaySmart

Roster Requirements:

Maximum - 16 Skaters and 2 Goaltenders

Minimum - 14 Skaters and 1 Goaltender

Initial Here:

Over 40 Division – Winter 2026

\$324 Per Player - \$162 Captain/Goalie

Sunday Nights (January 4th – April 26th)

NO GAMES ON: February 8th & April 26th

12 Games guaranteed including Playoffs

League includes:

- USA Hockey sanctioned League and Officials
- Team statistics kept by DaySmart

Roster Requirements:

Maximum - 16 Skaters and 2 Goaltenders

Minimum - 14 Skaters and 1 Goaltender

For additional information please contact Adult Hockey Coordinator,
Mike Law at MLaw@oc-sportsplex.com

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League fees must be paid in full before the first game. No exceptions.

Injuries, missed games, or forfeited playing privileges do not constitute a refund policy. TAHL players enter/sign up to play for an entire season. Those players must pay in full

Name:_____D.O.B:_____

Parent/Guardian:_____

Address:_____City:_____Zip:_____

Phone(home):_____Phone(cell):_____

Email:_____

USA Hockey Registration Number:_____

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TAHL Player Guidelines and Policies

-Cost of TAHL season varies based on number of games per division

You will not be allowed on the ice if your league fee is not paid in full before first game.

**Injuries or missed games do not constitute a refund/pro-rate policy. TAHL players enter/sign up to play for an entire season, those players must pay in full. Instances will be handled on a case by case basis

** Having played or will play 6 or MORE games (Playoffs included) will be considered a FULL season and Full Payment will be required.

**Each player is personally responsible for wearing protective equipment during all games and warm-ups. Such equipment should include gloves, shin pads, shoulder pads, elbow pads, hip pads or padded hockey pants, protective cup, tendon pads plus all head protective equipment as required by USA Hockey rules.

Payments can be submitted online, over the phone, by mail, or in person.

TAHL Code of Conduct: By signing below, you agree to the following:

- I will not enter the ice until the Zamboni doors have been shut.
- No swearing or abusive language in the rink or at any SportsPlex function.
- No lashing out at any TAHL official (both on-ice and off-ice), or participant.
- Anyone who receives a penalty will skate directly to the penalty box. A captain may ask for a penalty explanation.
- Fighting will not be tolerated. Fighting will result in a suspension and possible hearing held by the TAHL discipline committee.
- Any player or team member who cannot abide by these rules or violates them will be subject to further disciplinary action.

Signature:_____

Date:_____