

# AQUATICS CENTER SCHEDULE: August 2024

## RECREATION POOL

<b>SCHEDULE KEY:</b>	<b>WLAP</b> = Walk Lap Lanes	<b>SFC</b> = Swim for Charlie
	<b>OPEN</b> = Open Swim Area	<b>WF</b> = Water Fitness
	<b>SLAP</b> = Swim Lap Lanes	<b>GSL</b> = Group Swim Lessons
	<b>OLAP</b> = Open Lap Lanes	<b>GS</b> = Group Swim

**SCHEDULE NOTES:**

**Swim Team Practices:**  
Is off for the month of August  
**MASTERS** will still have practice

**Pool Will be CLOSED from August 17th-September 2nd, For the pool deck to get renovated**

**Water Polo:**  
SUNDAYS Comp Pool Lanes 0-6  
•4:00P-5:30P

**Group Swim Lessons:**  
Last Lesson will be Saturday August 3rd and will start again on September 4th.

**Group/Camp Swim:**  
There will be limited lane space in the REC Pool weekdays during ALL Group Swim times.

**MONDAY - FRIDAY REC Pool Open Areas & Lane 3**  
•10:30A-12:00P  
•1:30P-3:00P

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>MONDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	GSL	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>TUESDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF
9:15AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>WEDNESDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	GSL	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>THURSDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
5:30AM - 9:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>FRIDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 10:30AM	OPEN	WF	WF	OLAP	WF
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00AM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
<b>SATURDAY</b>	<b>OPEN AREA</b>	<b>OPEN AREA</b>	<b>LANE 3</b>	<b>LANE 2</b>	<b>LANE 1</b>
7:00AM - 9:15AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:15AM - 1:20PM	OPEN	GSL	OLAP	OLAP	GSL
1:20PM - 2:30PM	OPEN	OPEN	OLAP	OLAP	OLAP
2:30PM - 4:25PM	OPEN	GSL	OLAP	OLAP	GSL
4:25PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP

# AQUATICS CENTER SCHEDULE: August 2024

## COMPETITION POOL

**SCHEDULE KEY:**
*\*See schedule notes on back of schedule.*

MST = Masters Swim Team

GSL = Group Swim Lessons

LAP = Lap Swim Lane

SFC = Swim for Charlie

CAT = Carolina Aquatic Team

HAC = Hillsborough Aquatic Club

HS = High School Swim

WF = Water Fitness

WP = Water Polo

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10					
12:00PM - 4:30PM	Lap Swim															
4:30PM - 6:30PM	Waterpolo															
6:30PM - 7:00PM	Lap Swim															
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10					
5:30AM - 6:30AM	Masters Swimming					Lap Swim										
6:30AM - 7:00AM	Lap Swim															
7:00AM - 9:00AM																
9:00AM - 10:00AM																
10:00AM - 11:00AM												Deep Water fitness	Lap Swim			
11:00AM - 11:15AM																
11:15AM - 12:00PM	Lap Swim				Lap Swim											
12:00PM - 1:00PM	Masters Swimming															
1:00PM - 3:45PM																
3:45PM - 4:00PM																
4:00PM - 5:00PM																
5:00PM - 6:30PM	GSL	Lap Swim														
6:30PM - 7:00PM																
7:00PM - 8:00PM																
8:00PM - 9:00PM																
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10					
5:30AM - 6:30AM	Lap Swim															
6:30AM - 7:45AM																
7:45AM - 8:30AM																
8:30AM - 10:00AM																
10:00AM - 11:00AM																
11:00AM - 11:15AM																
11:15AM - 12:00PM																
12:00PM - 1:00PM																
1:00PM - 3:45PM																
3:45PM - 4:00PM																
4:00PM - 5:00PM	GSL	Lap Swim														
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8:00PM - 9:00PM																
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5:30AM - 6:30AM	Masters Swimming					Lap Swim										
6:30AM - 7:00AM	Lap Swim															
7:00AM - 9:00AM																
9:00AM - 10:00AM																
10:00AM - 11:00AM												Deep Water fitness	Lap Swim			
11:00AM - 11:15AM																
11:15AM - 12:00PM												Lap Swim				
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5:30AM - 6:30AM	Lap Swim															
6:30AM - 7:45AM																
7:45AM - 8:30AM																
8:30AM - 10:00AM																
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5:30AM - 6:30AM	Masters Swimming					Lap Swim										
6:30AM - 7:00AM	Lap Swim															
7:00AM - 9:00AM																
9:00AM - 10:00AM																
10:00AM - 11:00AM												Deep Water fitness	Lap Swim			
11:00AM - 11:15AM																
11:15AM - 12:00PM												Lap Swim				
12:00PM - 1:00PM												Masters Swimming				
1:00PM - 3:45PM																
3:45PM - 4:00PM																
4:00PM - 5:00PM																
5:00PM - 6:30PM	GSL	Lap Swim														
6:30PM - 7:00PM																
7:00PM - 8:00PM																
8:00PM - 9:00PM																
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10					
5:30AM - 8:00AM	Lap Swim															
8:00AM - 10:00AM																
10:00AM - 11:00AM																
11:00AM - 11:30AM																
11:30AM - 9:00PM																

*For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.*

*\*Schedule is subject to change without notice\**