

AQUATICS CENTER SCHEDULE: NOVEMBER 2023

RECREATION POOL

SCHEDULE KEY:	LAP = Lap Swim Lane OPEN = Open Swim Area	LAP = Swim for Charlie WF = Water Fitness GSL = Group Swim Lessons
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SCHEDULE NOTES:

Swim Team Practices take place on weekday evenings and Saturday mornings. There will be limited competition pool lane availability from 4:00 to 8:00pm every weekday.

Water Polo will use 6 lanes in the Competition Pool on Sundays from 4:30-6:00pm

The Sportsplex will host the YBAC Hurricanes Fall Invitational Swim Meet on November 18th & 19th. The entire Aquatic Center will be closed for the majority of the weekend due to the swim meet. We apologize for the inconvenience.

High School Swim Teams will practice from 6:30am to 7:45am and from 8:00pm to 9:00pm on weekdays in the Competition Pool. They will not occupy 7-8 lanes during these times.

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 6:00PM	OPEN	OPEN	LAP	LAP	LAP
6:00PM - 7:00PM	OPEN	OPEN	LAP	LAP	LAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	LAP	LAP	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 7:15PM	OPEN	OPEN	LAP	LAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	LAP	WF	GSL
8:00PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	LAP	LAP	LAP
8:30AM - 9:15AM	OPEN	WF	WF	LAP	LAP
9:15AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	LAP	LAP	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	LAP	LAP	LAP
7:05PM - 7:35PM	OPEN	OPEN	LAP	LAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	LAP	LAP	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 7:15PM	OPEN	OPEN	LAP	LAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	LAP	WF	GSL
8:00PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:00AM	OPEN	OPEN	LAP	LAP	LAP
9:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	LAP	LAP	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	OPEN	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	LAP	LAP	LAP
7:05PM - 7:35PM	OPEN	OPEN	LAP	LAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 10:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:15AM	OPEN	OPEN	LAP	LAP	LAP
9:15AM - 9:45AM	OPEN	GSL	LAP	LAP	LAP
9:45AM - 12:05PM	OPEN	OPEN	LAP	LAP	GSL
12:05PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP

AQUATICS CENTER SCHEDULE: November 2023

COMPETITION POOL

SCHEDULE KEY: <i>*See schedule notes on back of schedule.</i>	MST = Masters Swim Team GSL = Group Swim Lessons LAP = Lap Swim Lane	SFC = Swim for Charlie CAT = Carolina Aquatic Team HAC = Hillsborough Aquatic Club	HS = High School Swim WF = Water Fitness WP = Water Polo
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SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
12:00PM - 4:30PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
4:30PM - 6:30PM	WP	WP	WP	WP	WP	WP	WP	WP	WP	WP	WP
6:30PM - 7:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:00PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:00PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:00PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:00PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 7:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
7:00AM - 9:00AM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
9:00AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:15AM	CAT	CAT	CAT	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 11:30AM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	LAP	LAP	LAP	LAP
11:30AM - 9:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP

For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.

Schedule is subject to change without notice