

AQUATICS CENTER SCHEDULE: January 2024

RECREATION POOL

SCHEDULE KEY:

WLAP = Walk Lap Swim Lanes

SFC = Swim for Charlie

OPEN = Open Swim Area

WF = Water Fitness

SLAP = Swim Lap Lanes

GSL = Group Swim Lessons

OLAP = Open Lap Lanes

SCHEDULE NOTES:

Swim Team Practices take place on weekday evenings and Saturday mornings. There will be limited competition pool lane availability from 4:00 to 8:00pm every weekday.

Water Polo will use 6 lanes in the Competition Pool on Sundays from 4:00pm until 5:30/7:00pm

The Sportsplex will host High School meets:

Jan. 8th (4:00pm-6:00pm)

Jan. 18th (8:00pm-10:00pm)

Jan. 29th (3:30pm to 6:00pm)

High School Conference Meet:
Starts at 6:30pm on Jan. 24th

High School Swim Teams will practice from 6:30am to 7:45am and from 8:00pm to 9:00pm on weekdays in the Competition Pool. They will not occupy 7-8 lanes during these times.

Carolina Aquatic Team will be hosting a swim meet Jan. 6th & 7th. Aquatic Center will be closed from 7:00am to 4:00pm on Jan. 6th and until 4:00pm on Jan. 7th.

YBAC will be hosting a swim meet on January 13th. Updated facility hours will be posted once finalized.

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 6:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
6:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	SFC/OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:15PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	OLAP	OLAP	GSL
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF
9:15AM - 11:00AM	OPEN	OPEN	WLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	SLAP	WLAP	SLAP
4:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	OLAP	OLAP	GSL
7:05PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	SFC/OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:15PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	OLAP	OLAP	GSL
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	WLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	SLAP	WLAP	SLAP
4:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	OLAP	OLAP	GSL
7:05PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 10:45AM	OPEN	WF	WF	OLAP	OLAP
9:45AM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:15AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:15AM - 9:45AM	OPEN	GSL	OLAP	OLAP	OLAP
9:45AM - 12:05PM	OPEN	OPEN	OLAP	OLAP	GSL
12:05PM - 4:45PM	OPEN	OPEN	OLAP	OLAP	GSL
4:45PM - 5:15PM	OPEN	OPEN	OLAP	OLAP	GSL
5:15PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP

AQUATICS CENTER SCHEDULE: January 2024

COMPETITION POOL

SCHEDULE KEY:

*See schedule notes on back of schedule.

MST = Masters Swim Team

GSL = Group Swim Lessons

LAP = Lap Swim Lane

SFC = Swim for Charlie

CAT = Carolina Aquatic Team

HAC = Hillsborough Aquatic Club

HS = High School Swim

WF = Water Fitness

WP = Water Polo

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
12:00PM - 4:30PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
4:30PM - 6:30PM	WP	WP	WP	WP	WP	WP	LAP	LAP	LAP	LAP	LAP
6:30PM - 7:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
5:00PM - 6:00PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:00PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 9:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
9:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	GSL	GSL
10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
5:00PM - 6:00PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:00PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
5:00PM - 6:30PM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 7:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
7:00AM - 9:00AM	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
9:00AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:15AM	CAT	CAT	CAT	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 11:30AM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	LAP	LAP	LAP	LAP
11:30AM - 9:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP

For questions about the schedule or to inquire about group swim/pool rentals,
please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.

Schedule is subject to change without notice