2024-2025 School Year Homeschool PE Program

Basic Rules for Departments:

Ice Rink Rules:

NO Kicking the ice

Be respectful of other skaters on the ice

Helmets are mandatory for the 3-5 age group and optional for the older group. Helmets are provided by the parents.

Gloves, long socks, a coat, and pants are needed.

Pool Rules:

No outside life vests (we will use our own if they need them)

Swim tests will be done for all kids that do not want a life vest that cannot touch the bottom of the pool with their head above water

No hanging on the railing in the pool

The stairs need to remain open so people can come in and out of the pool area

No outside clothes allowed in the pool

Kids need to be fully potty trained to participate

Gym Rules:

Tennie shoes are needed to play any sports (no boots)

No food or drink in the gym

No gum

<u>Turf Rules:</u>

No gum

Tennis shoes are needed to play any sports

If the heat index is 89 or below kids are safe to be on the turf field with no restrictions. Between 90-98 breaks need to be taken every 10-15 minutes. Over 99 degrees, kids cannot be outside doing activities.



Conduct:

We have a no-bullying policy in place. If kids are caught bullying, they will be asked to sit out from the activity and a parent conversation will take place at pick-up. Bullying is defined as seeking to harm or make fun of others in a harmful way. Bullying can be done verbally or physically. We do not allow physical violence at all.

All children should have a peanut-free snack and water bottle.

As a rule, we encourage parents not to stay because it tends to distract the kids. However, we do make the exception for parents staying to help their child change clothes after their pool time in the 3-5 age group. If you do stay, we will ask you to sit on the bleachers.

Appropriate clothing:

When going to our big activities (swimming and ice skating) kids need to wear proper attire. Bathing suits for days in the pool, a towel, goggles (optional), and a bag for wet clothing. Coats, gloves, and long socks for the days on the ice rink. For the gym, they will need to wear play clothes (appropriate length T-shirts and shorts) and tennis shoes. Please no boots or dresses. If kids are not in their appropriate clothing, they cannot participate.

Who can pick up the kids:

When children are registered, a section is filled out that authorizes certain people to pick-up the children. Only those people are allowed to pick-up. If someone we do not recognize comes to pick-up the child(ren), the Sportsplex is within our rights to ask for ID to ensure the kids are being picked up by a safe person. If the person that comes to pick-up is not on our list, the parent will be called to ensure the kids once again are being picked up by a safe person.

Late pick-up fee:

The first time a parent is late to pick-up, there is a one-time grace period of 5 minutes. If a parent continually shows up late, it is a \$5 per child late pick-up fee that will be charged to their account upon pick-up.

Media Policy:

Our marketing team is proactive in taking pictures and videos of our programs to help promote the facility. If you do not want your child's face in our marketing material, please contact Kristen Jones and Gracie Finch to communicate that to us. There is also a space in our contract that you will need to leave blank so we know not to incorporate them.

Billing:

Billing is automatically taken out the first of each month. This program does run year-round with enrollment in the fall and spring semesters. If at any point you do not wish to continue in the program or wish to take a break, you will need to let Gracie Finch know a week prior to billing or you will be charged.



Main Contact For Homeschool PE Program: Gracie Finch: Field House and Fitness Manager gfinch@oc-sportsplex.com

