2024 Fall Semester Homeschool PE Program Breakdown

Two-Day Option:
September 3rd - December 19th, 2024

Tuesday and Thursday Mornings 9:30-11:30am Tuesdays:

They start the day with an ice skating lesson. Kids should come dressed for cold weather (we recommend they wear layers). After their skate lesson, they will have a time for snack and then go to the field house for games and sports in the gym/turf field. All skate lessons are taught by our ice skating instructors and follow our learn-to-skate program.

To Bring: Coat, gloves, long socks, long pants, athletic attire (t-shirt and shorts/pants), tennis shoes, snack, and water bottle.

Thursdays: They will start in the pool for their swim lesson/games. Kids should come dressed and ready to get into the pool upon arrival. After their pool time, they will have a tie for kids to get changed into the athletic clothing and have a quick snack. They will then go to our field house for sports and games in the gym/turf field.
All swimming lessons are run by our homeschool staff as well as our professional swim instructors. This time will be a variation of structured lessons, games, and activities designed to help kids be safe and comfortable in the water.

To Bring: Swim suite, goggles (if desired), towel, a bag for wet clothing, athletic attire (t-shirt and shorts/pants), tennis shoes, snack, water bottle.

One-Day Option:
Pick either Tuesdays or Fridays Tuesdays are 9:30-11:30am

Tuesdays: September 3rd - December 17th
Fridays: September 6th - December 20th

For the fall semester, they start off the day with an ice-skating lesson. Kids should come dressed for cold weather (we recommend they wear layers). After their skate lesson, they will have a time for snack and then go to the field house for games and sports in the gym/turf field.
All skate lessons are taught by our ice-skating instructors and follow our learn-to-skate program.

To Bring: Coat, gloves, long socks, long pants, athletic attire (t-shirt and shorts/pants), tennis shoes, snack, and water bottle.