AQUATICS CENTER SCHEDULE: NOVEMBER 2025

RECREATION POOL

OPEN AREA OPEN AREA LANE 3 LANE 2 LANE 1

SCHEDULE KEY:

10:30AM - 12:00PM

11:00AM - 1:00PM

1:00PM - 9:00PM

5:30AM - 8:00AM

8:00AM - 12:00PM

12:00PM - 9:00PM

SATURDAY

GS

OPEN

OPEN

OPEN AREA

OPEN

OPEN

OPEN

SUNDAY

WLAP: Walk Lap Lanes OPEN: Open Swim Area SLAP: Swim Lap Lanes

OLAP: Open Lap Lanes

SFC: Swim for Charlie
WF: Water Fitness
GSL: Group Swim Lessons
GS: Group Swim

SCHEDULE NOTES:

OPEN AREA	OPEN AREA	LAINE 3	LANE 2	LANEI	
OPEN	OPEN	OLAP	OLAP	OLAP	
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OPEN	OPEN	OLAP	OLAP	OLAP	
OPEN	WF	WF	WLAP	SLAP	
OPEN	OPEN	OLAP	WLAP	SLAP	
OPEN	SFC	SFC/OLAP	WLAP	SLAP	
OPEN	OPEN	OLAP	WLAP	SLAP	
OPEN	OPEN	OLAP	OLAP	GSL	
OPEN	WF	WF	OLAP	OLAP	
OPEN	OPEN	OLAP	OLAP	OLAP	
OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
OPEN	OPEN	OLAP	OLAP	OLAP	
OPEN	OPEN	OLAP	WF	WF	
GSL	OPEN	OLAP	WLAP	SLAP	
OPEN	SFC	SFC/OLAP	WLAP	SLAP	
GS	GS	WLAP	WLAP	SLAP	
OPEN	OPEN	WLAP	WLAP	SLAP	
OPEN	OPEN	SLAP	WLAP	GSL	
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Group Swim Lessons:

There will be limited lane space in the REC Pool Monday-Saturday during ALL Group Swim Lessons times

M/W REC Pool Open Area & Lanes 1

•4:00P-7:30P

TU/TH REC Pool Open Area & Lane 1

•9:15A -11:30A •4:00P-7:30P

SAT REC Pool Open Area & Lane

•8:00A-12:00P

Group/Camp/SFC: There will be limited lane space in the REC Pool weekdays during ALL Group/Camp/SFC Swim times.

SWIM FOR CHARLIE: NOV 3RD - NOV 21ST

M-F REC OpenArea&Lane 3

•11:00A-1:00P

GROUP SWIMS: NO GROUP SWIM

NO GROUP SWIM
AT THIS TIME

M-F REC OpenArea&Lane 3
•10:30A-12:00P

•1:30P-3:00P

Swim Meets:

The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets is/are included in the dates/times below:

YBAC Fall Invite Swim Meet AQUATIC CENTER WILL BE CLOSED

•SAT NOV 15th (Most of Day) •SUN NOV 16th (All Day)

AQUATIC CENTER CLOSED FOR RENOVATION: MONDAY NOV 24TH TO SUNDAY NOV 30TH

For questions about the schedule or to inquire about group swim/pool rentals, please contact ANNA VARNELL (Aquatics Director) at avarnell@oc-sportsplex.com or 919.644.0339 ext. 229

WLAP

SFC/OLAP

OLAP

LANE 3

OLAP

OLAP

OLAP

WLAP

WLAP

OLAP

LANE 2

OLAP

OLAP

OLAP

SLAP

SLAP

OLAP

LANE 1

OLAP

GSL

OLAP

GS

SFC

OPEN

OPEN AREA

OPEN

GSL

OPEN

AQUATICS CENTER SCHEDULE: NOVEMBER 2025 COMPETITION POOL

SCHEDULE KEY:

SFC: Swim for Charlie
CAT: Carolina Aquatic Team GSL: Group Swim Lessons BLANK: Open Swim Lane HAC: Hillsborough Aquatic Cl HSS: High School Swim WF: Water Fitness

SCHEDULE NOTES:

12:00PM - 4:30PM Water Polo												
4.50PM - 6.30PM 4.50PM 4	SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
Signer S	12:00PM - 4:30PM											
MONDAY	4:30PM - 6:30PM			Wate	r Polo							
	6:30PM - 7:00PM											
### ### ### ### ### ### ### ### ### ##	MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
1-000AM 1-000AM 1-000PM	5:30AM - 6:30AM			Masters S	wimming							
13-09AM 13-09PM			High Sch	ool Swim		H.	AC			High Sch	ool Swim	
13-09AM 13-09PM												
11:00PM		OCEAN	MOTION									
12-00PM 1-00PM												050
1.00PM	12:00PM - 1:00PM			Masters S	wimming							SFC
According Appendix According Appendix Club According Accor												
Score Scor												
Carolina Aquatic Team Sisopen						GSL			Hi	llsborough	Aquatic C	ub
State				Caroli	na Aquatic	Team					,	
TUESDAY					la riquade		l	l			I	
S-30AM - G-30AM		LANEO	I ANE 1	I ANE 2	I ANE 2	I ANE 4	LANEE	I ANE 6	LANE 7	IANEO	LANEO	LANE 10
High School Swim		LANE	LANE I	LANE 2	LAINE 3	LAINE 4	LANES	LANE	LANE /	LANE 0	LANES	LANE 10
7:45AM - 11:00AM			High Sch	ool Swim						High Sch	ool Swim	
11:00PM - 4:00PM			riigii Scii	OOI SWIIII						riigii Scri	OOI SWIIII	
1:00PM					 						-	SEC
High School Swim												3rC
Carolina Aquatic Team			High Cal	nool Creim								
Carolina Aquatic Team Caro			nigh Sch	IOOI SWIM		GSL			,	llahan .	A	
Second S									, HI	llsborough	Aquatic C	ub
Masters Swimming				Caroli	na Aquatic	Team						
Masters Swimming	8:00PM - 9:00PM											
6:30AM - 7:45AM	WEDNESDAY	LANE 0	LANE 1			LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
7:45AM - 11:00AM	5:30AM - 6:30AM				Swimming							
11:00AM - 12:00PM	6:30AM - 7:45AM		High Sch	ool Swim						High Sch	ool Swim	
12:00PM - 1:00PM	7:45AM - 11:00AM											
12:00PM - 4:00PM	11:00AM - 12:00PM											SEC
### ### ##############################	12:00PM - 1:00PM			Masters 9	Swimming							5. 0
GSL	1:00PM - 4:00PM											
Si-00PM - 8:00PM Si-00PM Si-00	4:00PM - 5:00PM		High Sch	ool Swim		GSI						
### STOPM - 9:00PM	5:00PM - 6:30PM					OSE			Hi	llsborough	Aquatic C	ub
THURSDAY	6:30PM - 8:00PM			Caroli	na Aquatic	Team						
5:30AM - 6:30AM 6:30AM High School Swim High School Swim High School Swim 7:45AM - 9:30AM 9:30AM 10:15AM	8:00PM - 9:00PM											
High School Swim High School Swim High School Swim	THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
7:45AM - 9:30AM 9:30AM 9:30AM - 10:15AM 9:30AM - 10:15AM 9:30AM - 10:15AM 9:30AM - 10:15AM 9:30AM 9:30AM 9:30AM - 10:00AM 9:30AM 9:30AM 9:30AM 9:30AM 9:30AM 9:30AM 9:30PM 9:30PM 9:30PM 9:30PM 9:30PM 9:30AM 9:30AM	5:30AM - 6:30AM											
9:30AM - 10:15AM 10:15AM 10:15AM 11:00AM 11:00AM 11:00AM 11:00PM 10:00PM 10:00AM 10:00AM	6:30AM - 7:45AM		High Sch	ool Swim						High Sch	ool Swim	
10:15AM - 11:00AM	7:45AM - 9:30AM											
11:00AM - 1:00PM	9:30AM - 10:15AM										G:	SL
1:00PM - 4:00PM	10:15AM - 11:00AM											
### High School Swim	11:00AM - 1:00PM											SFC
Sinopm - 6:30PM Carolina Aquatic Team Sinopm - 9:00PM Lane 0 Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8 Lane 9 Lane 10	1:00PM - 4:00PM											
Sinopm - 6:30PM Carolina Aquatic Team Sinopm - 9:00PM Lane 0 Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8 Lane 9 Lane 10	4:00PM - 5:00PM		High Sch	ool Swim		651						
6:30PM - 8:00PM 8:00PM - 9:00PM 8:00PM - 9:00PM FRIDAY LANE 0 LANE 1 LANE 2 LANE 3 LANE 4 LANE 5 LANE 6 LANE 7 LANE 8 LANE 9 LANE 10 6:30AM - 6:30AM 6:30AM - 7:45AM High School Swim HAC 7:45AM - 10:00AM 10:00AM - 11:00AM 11:00AM - 12:00PM 12:00PM - 1:00PM 12:00PM - 1:00PM 13:00PM - 6:30PM 6:30PM - 6:30PM 6:30PM - 8:00PM 8:00PM - 9:00PM 8:00PM - 9:00PM 8:00PM - 9:00PM 8:00PM - 9:00PM 8:00AM - 7:00AM 8:00AM - 10:00AM 8:00AM - 10:00AM 10:00AM - 10:00AM 8:00AM - 10:00AM 8:00AM - 10:00AM 10:00AM - 11:15AM Carolina Aquatic Team	5:00PM - 6:30PM					GSL			Hi	llsborough	Aquatic C	lub
8:00PM - 9:00PM				Caroli	na Aquatic	Team						
FRIDAY LANE 0 LANE 1 LANE 2 LANE 3 LANE 4 LANE 5 LANE 6 LANE 7 LANE 8 LANE 9 LANE 10 5:30AM - 6:30AM 6:30AM - 7:45AM High School Swim High School Swim High School Swim 10:00AM - 11:00AM 10:00AM - 12:00PM 11:00AM - 12:00PM 4:00PM - 4:00PM 4:00PM - 6:30PM 6:30AM - 8:00AM 8:00AM - 7:00AM 7:00AM - 8:00AM 8:00AM - 10:00AM 10:00AM - 11:15AM Carolina Aquatic Team Hillsborough Aquatics Club Hillsborough Aquatics Club					,,,,,,,,							
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6:30AM - 7:45AM		LAITE 0	LAITE I			LAITE 4	LAITE 3	LAIRE O	Enite /	LAITE 0	LAITE 9	_A.1.L 10
7:45AM - 10:00AM			High Sch			н	AC.			High Sch	ool Swim	
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11:00AM - 12:00PM		OCEAN	MOTION									
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4:00PM - 5:00PM												
5:00PM - 6:30PM												
6:30PM - 8:00PM		-			-				ш	llshorough	Aquatic C	ub
8:00PM - 9:00PM				C=!	na Acustic	Toons			"	naborougn	Aquatic C	ub
SATURDAY LANE 0 LANE 1 LANE 2 LANE 3 LANE 4 LANE 5 LANE 6 LANE 7 LANE 8 LANE 9 LANE 10 5:30AM - 7:00AM 7:00AM - 8:00AM 8:00AM - 10:00AM 10:00AM - 11:15AM Carolina Aquatic Team				Caroli	na Aquatic	ream						
5:30AM - 7:00AM 7:00AM 8:00AM 8:00AM 10:00AM 11:15AM Carolina Aquatic Team Hillsborough Aquatics Club												
7:00AM - 8:00AM 8:00AM Hillsborough Aquatics Club 10:00AM - 11:15AM Carolina Aquatic Team		LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
8:00AM - 10:00AM Hillsborough Aquatics Club 10:00AM - 11:15AM Carolina Aquatic Team												
10:00AM - 11:15AM Carolina Aquatic Team										Laboratoria de la compansión de la compa		
						_			Hil	isporough	Aquatics C	iub
11:15AM - 9:00PM				Carolir	na Aquatic	ream						
	11:15AM - 9:00PM						<u> </u>				<u> </u>	

Swim Team Practices: There will be limited lane space in the COMP Pool Monday - Friday mornings and evenings and Saturday morning during **ALL** practice times. **MASTERS SWIM &** HIGH SCHOOLS are included in the times below.

M/W/F - Start 9/5 COMP Pool •5:30A - 6:30A •6:30A - 7:45A •12:00P - 1:00P •4:00P - 8:00P TU/TH - Start 9/4 COMP Pool •6:30A - 7:45A •4:00P - 8:00P

SAT - Starts 9/6 COMP Pool •7:00A - 8:30A •10:00A - 11:15A

Swim Meets: The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to

Swim Meets are included in the dates/times below: YBAC Fall Invite Swim Meet

patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL

•SAT NOV 15th (Most of Day) •SUN NOV 16th (All Day)

AQUATIC CENTER WILL BE

SUNDAYS Comp Pool Lanes 0-6 4:00P-5:30P

AQUATIC CENTER CLOSED FOR RENOVATION:

MONDAY NOV 24TH SUNDAY NOV 30TH