

AQUATICS CENTER SCHEDULE: MAY 2026

RECREATION POOL

SCHEDULE KEY:	WLAP: Walk Lap Lanes	SFC: Swim for Charlie
	OPEN: Open Swim Area	WF: Water Fitness
	SLAP: Swim Lap Lanes	GSL: Group Swim Lessons
	OLAP: Open Lap Lanes	GS: Group Swim

SCHEDULE NOTES:

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:30PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF
9:15AM - 9:30AM	OPEN	OPEN	OLAP	WLAP	SLAP
9:30AM - 11:00AM	GSL	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:00PM	OPEN	OPEN	WLAP	WLAP	SLAP
4:00PM - 7:30PM	OPEN	OPEN	SLAP	WLAP	GSL
7:30PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:30PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 8:00PM	OPEN	WF	WF	OLAP	OLAP
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:45AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:45AM - 9:30AM	OPEN	WF	WF	WLAP	SLAP
9:30AM - 11:00AM	GSL	OPEN	WLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 3:00PM	OPEN	OPEN	WLAP	WLAP	SLAP
3:00PM - 4:30PM	GS	GS	WLAP	WLAP	SLAP
4:00PM - 7:30PM	OPEN	OPEN	SLAP	WLAP	GSL
7:30PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 10:00AM	OPEN	WF	WF	OLAP	OLAP
10:00AM - 11:00AM	OPEN	OPEN	OLAP	WF	WF
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 12:00PM	OPEN	GSL	OLAP	OLAP	GSL
12:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP

Group Swim Lessons:
There will be limited lane space in the REC Pool Monday-Saturday during ALL Group Swim Lessons times

M/W REC Pool Open Area & Lanes 1
• 6:30P-7:30P

TU/TH REC Pool Open Area & Lane 1
• 9:15A -11:30A
• 6:30P-7:30P

SAT REC Pool Open Area & Lane 1
• 8:00A-12:00P

Group/Camp/SFC: There will be limited lane space in the REC Pool weekdays during ALL Group/Camp/SFC Swim times.

SWIM FOR CHARLIE:
MAY 4TH - MAY 15TH
M-F REC OpenArea&Lane 3
• 1:00A-1:00P

GROUP SWIMS:
NO GROUPS AT THIS TIME
M-F REC OpenArea&Lane 3
• 10:30A-12:00P
• 3:30A-3:00P

KIDPLEX GROUP SWIMS:
M,W,TH REC OpenArea&Lane 3
• 12:00P-2:00P (Inclement Weather ONLY)
• 3:15A-4:15P (Thursday ONLY)

Swim Meets:
The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets is/are included in the dates/times below:

**YBAC Swim Meet
AQUATIC CENTER CLOSED
SUN MAY 3RD (MORNING)**

For questions about the schedule or to inquire about group swim/pool rentals, please contact ANNA VARNELL (Aquatics Director) avarnell@oc-sportsplex.com or 919.644.0339 ext. 229

Schedule is subject to change without notice

AQUATICS CENTER SCHEDULE: MAY 2026

COMPETITION POOL

SCHEDULE KEY:	MST: Masters Swim Team	SFC: Swim for Charlie	HSS: High School Swim
	GSL: Group Swim Lessons	CAT: Carolina Aquatic Team	WF: Water Fitness
	BLANK: Open Swim Lane	HAC: Hillsborough Aquatic Club	WFP: Water Polo

SCHEDULE NOTES:

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
12:00PM - 4:30PM												
4:30PM - 6:30PM		Water Polo										
6:30PM - 7:00PM												
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM		Masters Swimming										
6:30AM - 7:45AM										HAC		
7:45AM - 10:00AM												
10:00AM - 11:00AM		OCEAN MOTION										
11:00AM - 12:00PM										SFC		
12:00PM - 1:00PM		Masters Swimming										
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM		GSL						Hillsborough Aquatic Club				
6:30PM - 8:00PM		Carolina Aquatic Team										
8:00PM - 9:00PM												
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:45AM												
7:45AM - 11:00AM												
11:00AM - 1:00PM										SFC		
1:00PM - 4:00PM												
4:00PM - 5:00PM		GSL						Hillsborough Aquatic Club				
5:00PM - 6:30PM		Carolina Aquatic Team										
6:30PM - 8:00PM		Carolina Aquatic Team										
8:00PM - 9:00PM												
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM		Masters Swimming										
6:30AM - 11:00AM												
11:00AM - 12:00PM												
12:00PM - 1:00PM		Masters Swimming								SFC		
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM								Hillsborough Aquatic Club				
6:30PM - 8:00PM		Carolina Aquatic Team										
8:00PM - 9:00PM												
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 9:30AM												
9:30AM - 10:15AM										GSL		
10:15AM - 11:00AM												
11:00AM - 1:00PM										SFC		
1:00PM - 4:00PM												
4:00PM - 5:00PM		GSL						Hillsborough Aquatic Club				
5:00PM - 6:30PM		Carolina Aquatic Team										
6:30PM - 8:00PM		Carolina Aquatic Team										
8:00PM - 9:00PM												
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM		Masters Swimming										
6:30AM - 7:45AM										HAC		
7:45AM - 10:00AM												
10:00AM - 11:00AM		OCEAN MOTION										
11:00AM - 12:00PM												
12:00PM - 1:00PM		Masters Swimming								SFC		
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM								Hillsborough Aquatic Club				
6:30PM - 8:00PM		Carolina Aquatic Team										
8:00PM - 9:00PM												
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:00AM												
7:00AM - 8:00AM												
8:00AM - 10:00AM								Hillsborough Aquatics Club				
10:00AM - 11:15AM		Carolina Aquatic Team										
11:15AM - 9:00PM												

Swim Team Practices:
There will be limited lane space in the COMP Pool Monday - Friday mornings and evenings and Saturday morning during ALL practice times. **MASTERS SWIM & HIGH SCHOOLS** are included in the times below.

- M/W/F - COMP Pool**
- 5:30A - 6:30A
 - 6:30A - 7:45A
 - 12:00P - 1:00P
 - 4:00P - 8:00P
- TU/TH - COMP Pool**
- 6:30A - 7:45A
 - 4:00P - 8:00P
- SAT - COMP Pool**
- 12:00A - 11:15A
 - 10:00A - 11:15A

Swim Meets:
The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets are included in the dates/times below:

**YBAC Swim Meet
AQUATIC CENTER CLOSED
SUN MAY 3RD (MORNING)**

Water Polo:
SUNDAYS Comp Pool Lanes 0-6

- 4:00P-5:30P

**COMP POOL FLIPPED TO
SHORT COURSE METERS
MAY 3RD - AUG. 2ND**

The Comp Pool lap will turn from 25 yards to 25 meters. This adds 7.02 feet of distance to the length of a lap and a few inches to the width of the lanes. The new direction of swimming will be parallel with the bulkhead (from the bleachers to the score board). There will be 10 lanes total with lane 0 running along the bulkhead, and lane 9 will run along the dive blocks.

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avarnell@oc-sportsplex.com or 919.644.0339 ext. 229*

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