AQUATICS CENTER SCHEDULE: MAY 2025 RECREATION POOL

	OPEN: Open Swim		SFC: Swim	for Charlie		
SCHEDULE KEY:	WLAP: Walk Lap La		WF: Water		SCHEDULE NOTES	
SCHEDOLL RET.	SLAP: Swim Lap La	GSL: Group	p Swim Less			
	OLAP: Open Lap La	nes	GS: Group	Swim		
SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	Group Swim Lesson
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	There will be limited la
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	the REC Pool Monday- during ALL Group Swin
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP	times
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP	
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP	M/W REC Pool Open
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP	Lanes 1-2
1:00PM - 3:30PM	OPEN	OPEN	OLAP	WLAP	SLAP	•3:30P-7:30P
3:30PM - 8:00PM	OPEN	OPEN	OLAP	GSL	GSL	TU/TH REC Pool Ope Lane 1-2
7:15PM - 8:00PM	OPEN	WF	WF	OLAP	OLAP	•9:00A -11:30A
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	•3:30P-7:30P
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	SAT REC Pool Open
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP	1-2 •8:15A-12:00P
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF	-0.13/1 12:001
9:00AM - 11:15AM	GSL	OPEN	OLAP	WLAP	SLAP	Group/Camp/SFC:
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP	will be limited lane spa
1:00PM - 3:30PM	OPEN	OPEN	WLAP	WLAP	SLAP	Pool weekdays during
3:30PM - 8:00PM	OPEN	OPEN	SLAP	WLAP	GSL	Group/Camp/SFC Swin
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	SWIM FOR CHARLIE
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	MAY 1ST - MAY 25T
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP	M-F REC OpenArea&La
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP	•11:00A-1:00P
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP	 TU/TH REC OpenArea8 3:30P-4:30P
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP	
1:00PM - 3:30PM	OPEN	OPEN	OLAP	WLAP	SLAP	GROUP SWIMS:
3:30PM - 8:00PM	OPEN	OPEN	OLAP	GSL	GSL	*NO GROUP SWIM A TIME*
7:15PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	M-F REC OpenArea&La
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	•10:30A-12:00P
5:30AM - 8:45AM	OPEN	OPEN	OLAP	OLAP	OLAP	•1:30P-3:00P
8:45AM - 9:15AM	GSL	WF	WF	WLAP	SLAP	
9:00AM - 11:15AM	GSL	OPEN	WLAP	WLAP	SLAP	Swim Meets:
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP	The COMP Pool will be
1:00PM - 3:30PM	OPEN	OPEN	WLAP	WLAP	SLAP	. patron use during ALL swim meets. The AQUA
3:30PM - 4:30PM	OPEN	GS	WLAP	WLAP	GSL	Department will be CLC
4:30PM - 8:00PM	OPEN	OPEN	SLAP	WLAP	GSL	patron use during ALL
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	swim meets. CLUB & I Swim Meets is/are inclu
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	dates/times below:
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP	
8:00AM - 10:45AM	OPEN	WF	WF	OLAP	OLAP	
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP	
1:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	NO SWIM MEETS AT
5:30AM - 9:00AM	OPEN	OPEN	OLAP	OLAP	OLAP	
9:00AM - 1:30PM	OPEN	GSL	OLAP	GSL	GSL	
1:30PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP	
		1	1 "			1

sons: ed lane space in day-Saturday Swim Lessons Open Area &

Open Area & oen Area & Lane

There space in the REC ring ALL Swim times.

RLIE:

25TH a&Lane 3 rea&Lane 3

IM AT THIS

a&Lane 3

ill be CLOSED to ALL High School CLOSED to ALL Swim Club B & HIGH SCHOOL included in the

S AT THIS TIME

For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.

Schedule is subject to change without notice

AQUATICS CENTER SCHEDULE: MAY 2025 COMPETITION POOL

		asters Swin			SFC: Swir				-	h School S	wim	
SCHEDULE KEY:		up Swim L				olina Aqua			WF: Wate			SCHEDULE NOTES:
	BLANK: Open Swim Lane HAC: Hillsborough Aquatic Clu WP: Water Polo											
					-							
SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	Swim Team Practices:
12:00PM - 4:30PM												There will be limited lane space in
4:00PM - 5:30PM			Wate	r Polo								the COMP Pool Monday - Friday
5:30PM - 7:00PM												mornings and evenings and Saturday morning during ALL
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	practice times. MASTERS & HIGH
5:30AM - 7:45AM			Masters S	Swimming								SCHOOL(S) is/are included in the
7:45AM - 10:00AM												times below:
10:00AM - 11:00AM	OCEAN	MOTION										M/W/F - Start 6/3 COMP Pool
11:00AM - 12:00PM												•5:30A - 6:30A
12:00PM - 1:00PM			Masters S	Swimming							SFC	•6:30A – 7:45A
1:00PM - 3:30PM												•12:00P - 1:00P
3:30PM - 4:00PM												•3:30P - 8:00P
4:00PM - 5:00PM	GSL							l				TU/TH - Start 9/3 COMP Pool •6:30A – 7:45A
5:00PM - 6:45PM					1		Hillsbor	ough Aqua	atic Club			•3:30P - 8:00P
6:45PM - 7:00PM								5.				SAT - Starts 9/7 COMP Pool
7:00PM - 8:00PM		Carolina Ad	quatic Tear	n			1					•7:00A - 11:00A
8:00PM - 9:00PM												
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 11:00AM	LPINE 0	LFUTE 1		LANE 3	LFUTE 4	17.112 3	LANE O		LANE O	17.112 9		
11:00AM - 1:00PM	-		-								SFC	
	<u> </u>		<u> </u>								310	
1:00PM - 3:30PM 3:30PM - 4:00PM	GSL								I	I		
	GSL											
4:00PM - 5:00PM							L Uillele e u		atia Chula			Lane Rental in Comp Pool:
5:00PM - 6:15PM					1		HIIISDOF	ough Aqua				May 12th & 19th - 5:00pm-
6:15PM - 6:45PM	(Carolina Ac	quatic Tean	n				l .				6:30pm May 27th & 29th -
6:45PM - 8:00PM										1		4:00pm-5:30pm Croasdaile
8:00PM - 9:00PM												Country Club will be Using 4 lanes in
WEDNESDAY	LANE 0	LANE 1		LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	comp pool
5:30AM - 7:45AM			Masters S	Swimming	1							
7:45AM - 11:00AM												
11:00AM - 12:00PM											SFC	
12:00PM - 1:00PM			Masters S	Swimming		-						
1:00PM - 3:30PM												
3:30PM - 4:00PM	GSL											
4:00PM - 5:00PM	002							Hillsbor	rough Aqua	atic Club		
5:00PM - 6:15PM			Carolina Ac	uatic Tean	n							
6:15PM - 7:00PM									I			
7:00PM - 9:00PM												Water Polo:
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	SUNDAYS Comp Pool Lanes 0-6
5:30AM - 9:30AM												• 4:00P-5:30P
9:30AM - 10:15AM										G	SL	
10:15AM - 11:00AM												
11:00AM - 1:00PM											SFC	
1:00PM - 3:30PM												
3:30PM - 4:00PM	GSL											
4:00PM - 5:00PM												
5:00PM - 6:15PM							Hillsbor	ough Aqua	atic Club			
6:15PM - 6:45PM		Carolina As	quatic Tean									
7:00PM - 8:00PM												
8:00PM - 9:00PM												
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:45AM			Masters S	Swimming								
7:45AM - 10:00AM												
10:00AM - 11:00AM	OCEAN	MOTION										
11:00AM - 12:00PM											CEC.	
12:00PM - 1:00PM			Masters S	Swimming							SFC	
1:00PM - 3:30PM												
3:30PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:45PM			·	·			Hillsbo	ough Aqua	atic Club			
6:45PM - 7:00PM		o						-8				
7:00PM - 8:00PM		Carolína Ao	quatic Tear	n								
8:00PM - 9:00PM												
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3		LANE 5	LANE 6	LANE 7			LANE 10	
5:30AM - 7:00AM	LANE U	LANET	LANE Z	LANE 3	LANE 4	LANE 3	LANE O	LANE /	LANE O	LAIVE 9	LANE 10	
									I			
7:00AM - 8:00AM								یں ا	Ishoroust	Aquation	lub	
8:00AM - 10:00AM		1	Caroli	na Aquatia	Team				Isborough	Aquatics C	au	
10:00AM - 11:15AM			Carolir	na Aquatic						1		
										1		
11:15AM - 9:00PM												

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