

AQUATICS CENTER SCHEDULE: MARCH 2026

RECREATION POOL

SCHEDULE KEY:

WLAP: Walk Lap Lanes
OPEN: Open Swim Area
SLAP: Swim Lap Lanes
OLAP: Open Lap Lanes

SFC: Swim for Charlie
WF: Water Fitness
GSL: Group Swim Lessons
GS: Group Swim

SCHEDULE NOTES:

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:30PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF
9:15AM - 9:30AM	OPEN	OPEN	OLAP	WLAP	SLAP
9:30AM - 11:00AM	GSL	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:00PM	OPEN	OPEN	WLAP	WLAP	SLAP
4:00PM - 7:30PM	OPEN	OPEN	SLAP	WLAP	GSL
7:30PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 11:00AM	OPEN	OPEN	OLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 4:45PM	OPEN	OPEN	OLAP	WLAP	SLAP
4:45PM - 7:30PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 8:00PM	OPEN	WF	WF	OLAP	OLAP
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:45AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:45AM - 9:30AM	OPEN	WF	WF	WLAP	SLAP
9:30AM - 11:00AM	GSL	OPEN	WLAP	WLAP	SLAP
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 3:00PM	OPEN	OPEN	WLAP	WLAP	SLAP
3:00PM - 4:30PM	GS	GS	WLAP	WLAP	SLAP
4:00PM - 7:30PM	OPEN	OPEN	SLAP	WLAP	GSL
7:30PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 10:00AM	OPEN	WF	WF	OLAP	OLAP
10:00AM - 11:00AM	OPEN	OPEN	OLAP	WF	WF
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	WLAP	SLAP
1:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 12:00PM	OPEN	GSL	OLAP	OLAP	GSL
12:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP

Group Swim Lessons:

There will be limited lane space in the REC Pool Monday-Saturday during ALL Group Swim Lessons times

M/W REC Pool Open Area & Lanes 1

• 3:00P-7:30P

TU/TH REC Pool Open Area & Lane 1

• 11:15A-11:30A

• 3:00P-7:30P

SAT REC Pool Open Area & Lane 1

• 8:00A-12:00P

Group/Camp/SFC: There will be

limited lane space in the REC Pool weekdays during ALL Group/Camp/SFC Swim times.

SWIM FOR CHARLIE:

MAR 01- APR 04

M-F REC OpenArea&Lane 3

• 11:00A-1:00P

GROUP SWIMS:

MAR 19,20,26,27

M-F REC OpenArea&Lane 3

• 10:30A-12:00P

• 3:30A-3:00P

KIDPLEX GROUP SWIMS:

M,W,TH REC OpenArea&Lane 3

• 3:00P-2:00P **(Inclement Weather ONLY)**

• 11:15A-4:15P **(Thursday ONLY)**

Swim Meets:

The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets is/are included in the dates/times below:

NO SWIM MEETS

For questions about the schedule or to inquire about group swim/pool rentals, please contact ANNA VARNELL (Aquatics Director) at avarnell@oc-sportsplex.com or 919.644.0339 ext. 229

Schedule is subject to change without notice

AQUATICS CENTER SCHEDULE: MARCH 2026

COMPETITION POOL

SCHEDULE KEY:	MST: Masters Swim Team	SFC: Swim for Charlie	HSS: High School Swim
	GSL: Group Swim Lessons	CAT: Carolina Aquatic Team	WF: Water Fitness
	BLANK: Open Swim Lane	HAC: Hillsborough Aquatic Club	WVP: Water Polo

SCHEDULE NOTES:

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
12:00PM - 4:30PM												
4:30PM - 6:30PM	Water Polo											
6:30PM - 7:00PM												
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM	Masters Swimming											
6:30AM - 7:45AM											HAC	
7:45AM - 10:00AM												
10:00AM - 11:00AM	OCEAN MOTION											
11:00AM - 12:00PM											SFC	
12:00PM - 1:00PM	Masters Swimming											
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM	GSL										Hillsborough Aquatic Club	
6:30PM - 8:00PM	Carolina Aquatic Team											
8:00PM - 9:00PM												
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:45AM												
7:45AM - 11:00AM												
11:00AM - 1:00PM											SFC	
1:00PM - 4:00PM												
4:00PM - 5:00PM	GSL											
5:00PM - 6:30PM											Hillsborough Aquatic Club	
6:30PM - 8:00PM	Carolina Aquatic Team											
8:00PM - 9:00PM												
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM	Masters Swimming											
6:30AM - 11:00AM												
11:00AM - 12:00PM											SFC	
12:00PM - 1:00PM	Masters Swimming											
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM	GSL										Hillsborough Aquatic Club	
6:30PM - 8:00PM	Carolina Aquatic Team											
8:00PM - 9:00PM												
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 9:30AM												
9:30AM - 10:15AM											GSL	
10:15AM - 11:00AM												
11:00AM - 1:00PM											SFC	
1:00PM - 4:00PM												
4:00PM - 5:00PM	GSL											
5:00PM - 6:30PM											Hillsborough Aquatic Club	
6:30PM - 8:00PM	Carolina Aquatic Team											
8:00PM - 9:00PM												
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 6:30AM	Masters Swimming											
6:30AM - 7:45AM											HAC	
7:45AM - 10:00AM												
10:00AM - 11:00AM	OCEAN MOTION											
11:00AM - 12:00PM											SFC	
12:00PM - 1:00PM	Masters Swimming											
1:00PM - 4:00PM												
4:00PM - 5:00PM												
5:00PM - 6:30PM											Hillsborough Aquatic Club	
6:30PM - 8:00PM	Carolina Aquatic Team											
8:00PM - 9:00PM												
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:00AM												
7:00AM - 8:00AM												
8:00AM - 10:00AM											Hillsborough Aquatics Club	
10:00AM - 11:15AM	Carolina Aquatic Team											
11:15AM - 9:00PM												

Swim Team Practices:
There will be limited lane space in the COMP Pool Monday - Friday mornings and evenings and Saturday morning during ALL practice times. **MASTERS SWIM & HIGH SCHOOLS** are included in the times below.

- M/W/F - COMP Pool**
- 5:30A - 6:30A
 - 6:30A - 7:45A
 - 12:00P - 1:00P
 - 4:00P - 8:00P
- TU/TH - COMP Pool**
- 6:30A - 7:45A
 - 4:00P - 8:00P
- SAT - COMP Pool**
- 7:00A - 11:15A
 - 10:00A - 11:15A

Swim Meets:
The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets are included in the dates/times below:

NO SWIM MEETS

Water Polo:
SUNDAYS Comp Pool Lanes 0-6

- 4:00P - 5:30P

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