AQUATICS CENTER SCHEDULE: JULY 2025 RECREATION POOL

SCHEDULE KEY: SLAP: Swi OLAP: Op SLAP: Swi

OPEN: Open Swim Area WLAP: Walk Lap Lanes SLAP: Swim Lap Lanes OLAP: Open Lap Lanes SFC: Swim for Charlie WF: Water Fitness GSL: Group Swim Lessons GS: Group Swim

SCHEDULE NOTES:

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM - 12:00PM	GS	GS	GS/OLAP	WLAP	SLAP
12:00PM - 1:00PM	OPEN	OPEN	OLAP	WLAP	SLAP
1:00PM - 3:00PM	GS	GS	GS/OLAP	WLAP	SLAP
3:00PM - 3:30PM	OPEN	OPEN	OLAP	OLAP	OLAP
3:30PM - 8:00PM	OPEN	OPEN	OLAP	OLAP	GSL
7:15PM - 8:00PM	OPEN	WF	WF	OLAP	OLAP
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
TUESDAY	OPEN AREA OPEN AREA		LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 9:15AM	OPEN	OPEN	OLAP	WF	WF
9:15AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM - 12:00PM	GS	GS	GS/OLAP	WLAP	SLAP
12:00PM - 1:00PM	OPEN	OPEN	OLAP	WLAP	SLAP
1:00PM - 3:00PM	GS	GS GS GS/0		WLAP	SLAP
3:00PM - 3:30PM	OPEN	OPEN	OLAP	OLAP	OLAP
3:30PM - 8:00PM	OPEN	OPEN	SLAP	WLAP	GSL
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	OLAP	WLAP	SLAP
10:30AM - 12:00PM	GS	GS	GS/OLAP	WLAP	SLAP
12:00PM - 1:00PM	OPEN	OPEN	OLAP	WLAP	SLAP
1:00PM - 3:00PM	GS	GS	GS/OLAP	WLAP	SLAP
3:00PM - 3:30PM	OPEN	OPEN	OLAP	WLAP	SLAP
3:30PM - 8:00PM	OPEN	OPEN	•		GSL
7:15PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:45AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:45AM - 9:15AM	OPEN	WF	WF	WLAP	SLAP
9:15AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM - 12:00PM	GS	GS	GS/OLAP	WLAP	SLAP
12:00PM - 1:00PM	OPEN	OPEN	OLAP	WLAP	SLAP
1:00PM - 3:00PM	GS	GS	GS/OLAP	WLAP	SLAP
3:00PM - 3:30PM	OPEN	OPEN	OLAP	OLAP	OLAP
3:30PM - 8:00PM	OPEN	OPEN	OLAP	WLAP	GSL
8:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
FRIDAY	OPEN AREA OPEN	OPEN AREA OPEN	LANE 3 OLAP	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	WF	-	OLAP	OLAP
8:00AM - 10:00AM	OPEN	OPEN	WF	OLAP	OLAP
10:00AM - 11:00AM	GS	GS		WF WLAP	WF SLAP
10:30AM - 12:00PM 12:00PM - 1:00PM	OPEN	OPEN	GS/OLAP OLAP	WLAP	SLAP
1:00PM - 3:00PM	GS	GS	GS/OLAP	WLAP	SLAP
3:00PM - 3:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
7:00AM - 8:30AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:30AM - 12:00PM	OPEN	GSL	OLAP	GSL	GSL
12:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP

Group Swim Lessons:

There will be limited lane space in the REC Pool Monday-Saturday during ALL Group Swim Lessons times

M/W/TH/F - REC Pool Lane 1 •3:30P-7:30P TU - REC Pool Lane 1&3 •3:30P-7:30P SAT REC Pool Open Area & Lane

•8:30A-12:00P

GROUP SWIMS: M-F REC OpenArea&Lane 3 •10:30A-12:00P

•1:30P-3:00P

Swim Meets:

The COMP Pool will be CLOSED to patron use during ALL High School swim meets. The AQUATICS Department will be CLOSED to patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL Swim Meets is/are included in the dates/times below:

NO SWIM MEETS AT THIS TIME

For questions or to inquire about lane space/pool rentals, please contact ANNA VARNELL at avarnell@oc-sportsplex.com or 919.644.0339 ext. 229.

AQUATICS CENTER SCHEDULE: JULY 2025 COMPETITION POOL												
[MST: M	asters Swin	n Team		SFC: Swir	n for Char	lie		HSS: Hig	h School S	wim	
SCHEDULE KEY:		oup Swim L Open Sw i			CAT: Card HAC: Hills	olina Aqua sborough <i>I</i>			WF: Wate			SCHEDULE NOTES:
						-						,
SUNDAY 12:00PM - 4:30PM	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	Swim Team Practices: There will be limited lane space in
4:00PM - 5:30PM			Wate	r Polo								the COMP Pool Monday - Friday
5:30PM - 7:00PM												mornings and evenings and Saturday morning during ALL
MONDAY 5:30AM - 7:00AM	LANE 0	LANE 1		LANE 3		LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	practice times. MASTERS & GUEST TEAMS is/are included in
7:00AM - 9:00AM					-					1		the times below:
9:00AM- 10:00AM 10:00AM - 11:00AM	OCEAN	MOTION				Hill	sborough	Aquatic	Club 7:00)am-10:3	0am	
11:00AM - 12:00PM	UCLAN											M/W/F - COMP Pool •5:30A - 10:30A
12:00PM - 1:00PM			Masters S	Swimming	9	1						•12:00P - 1:00P
1:00PM - 3:30PM 3:30PM - 4:00PM										Agustia	Club	•3:30P - 8:00P TU/TH - COMP Pool
4:00PM - 5:00PM								·	sborough	Aquatic	Club	•9:00A - 10:30A •3:30P - 8:00P
5:00PM - 6:30PM 6:30PM - 7:00PM												SAT - COMP Pool
7:00PM - 8:00PM	C	arolina A	quatic Tea	am								•7:00A - 11:00A
8:00PM - 9:00PM												
TUESDAY 5:30AM- 9:00AM	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	Croasdaile Country Club
9:00AM- 10:30AM								Hills	sborough	Aquatic	Club	Last days for Comp Pool Use 7/1 and 7/3
10:30AM - 3:30PM 3:30PM - 4:00PM	GSL											LANE 0-3 5:00PM-6:30PM
4:00PM - 5:00PM	GJL							J				
5:00PM - 6:15PM 6:15PM - 6:45PM							Hillsbor	ough Aqu	atic Club			
7:00PM - 8:00PM	C	arolina Ac	quatic Tea	Im]				Water Polo: SUNDAYS Comp Pool Lanes 0-6
8:00PM - 9:00PM												• 4:00P-5:30P
WEDNESDAY 5:30AM - 7:00AM	LANE 0	LANE 1		LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
7:00AM - 9:00AM					•		Hill	sborough	Aquatic	Club		Swim Meets: The COMP Pool will be CLOSED to
9:00AM- 10:30AM 10:30AM - 11:00AM										1		patron use during ALL High School swim meets. The AQUATICS
11:00AM - 12:00PM												Department will be CLOSED to
12:00PM - 1:00PM 1:00PM - 3:30PM			Masters S	Swimming	3							patron use during ALL Swim Club swim meets. CLUB & HIGH SCHOOL
3:30PM - 4:00PM								нш	sborough	Aquatic	Club	Swim Meets is/are included in the dates/times below:
4:00PM - 5:00PM 5:00PM - 6:45PM									sborougn	Aquatic		dates times below.
6:45PM - 7:00PM		arolina Ar	quatic Tea									
7:00PM - 8:00PM 8:00PM - 9:00PM												
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM- 9:00AM												NO SWIM MEETS AT THIS TIME
9:00AM- 10:30AM 10:30AM - 3:30PM								Hills	sborough	Aquatic	Club	
3:30PM - 4:00PM	GSL											
4:00PM - 5:00PM 5:00PM - 6:15PM							Hillsbor	ough Agu	atic Club			
6:15PM - 6:45PM	-	arolina Ar	uatic Tea	m				1				
7:00PM - 8:00PM												
8:00PM - 9:00PM FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
5:30AM - 7:00AM				Swimming								
7:00AM - 9:00AM 9:00AM- 10:00AM							ца	sborough	Aquatic	Club		
10:00AM - 11:00AM	OCEAN	MOTION						ssorougn	Aquatic			
11:00AM - 12:00PM 12:00PM - 1:00PM			Masters 9	Swimming								
1:00PM - 3:30PM												
3:30PM - 4:00PM								Hills	sborough	Aquatic	Club	
4:00PM - 5:00PM 5:00PM - 6:30PM												
6:30PM - 7:00PM	c	arolina A	quatic Tea	am								
7:00PM - 8:00PM 8:00PM - 9:00PM												
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	
7:00AM - 8:00AM 8:00AM - 10:00AM								Hills	borough	Aquatics	Club	
10:00AM - 10:00AM									Sorougn	Aquatics	Club	
11:15AM - 9:00PM												

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