AQUATICS CENTER SCHEDULE: December 2023 RECREATION POOL

SCHEDULE KEY:

OPEN = Open Swim Area W LAP = Walk Lap Swim Lanes S LAP = Swim Lap Lanes O LAP = Open Lap Lanes

SFC = Swim for Charlie WF = Water Fitness GSL = Group Swim Lessons

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
12:00PM - 6:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	
6:00PM - 7:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
5:30AM - 8:00AM	OPEN	OPEN	O LAP	O LAP	O LAP	
8:00AM - 9:45AM	OPEN	WF	WF	W LAP	S LAP	
9:45AM - 11:00AM	OPEN	OPEN	SFC/OLAP	W LAP	S LAP	
11:00AM - 1:00PM	OPEN	SFC	S LAP	W LAP	S LAP	
1:00PM - 4:45PM	OPEN	OPEN	O LAP W LAP		S LAP	
4:45PM - 7:15PM	OPEN	OPEN	O LAP	O LAP	GSL	
7:15PM - 8:00PM	OPEN	OPEN	O LAP	O LAP	GSL	
8:00PM - 9:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
5:30AM - 8:30AM	OPEN	OPEN	O LAP	O LAP	O LAP	
8:30AM - 9:15AM	OPEN	OPEN	O LAP	WF	WF	
9:15AM - 11:00AM	OPEN	OPEN	W LAP	W LAP	S LAP	
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	W LAP	S LAP	
1:00PM - 4:45PM	OPEN	OPEN	S LAP	W LAP	S LAP	
4:45PM - 5:15PM	OPEN	OPEN	S LAP	W LAP	GSL	
5:15PM - 7:05PM	OPEN	OPEN	O LAP	o lap	GSL	
7:05PM - 7:35PM	OPEN	OPEN	O LAP	o lap	GSL	
7:35PM - 9:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
5:30AM - 8:00AM	OPEN	OPEN	O LAP	O LAP	O LAP	
8:00AM - 9:45AM	OPEN	WF	WF	W LAP	S LAP	
9:45AM - 11:00AM	OPEN	OPEN	SFC/OLAP	W LAP	S LAP	
11:00AM - 1:00PM	OPEN	SFC	S LAP	W LAP	S LAP	
1:00PM - 4:45PM	OPEN	OPEN	O LAP	W LAP	S LAP	
4:45PM - 7:15PM	OPEN	OPEN	O LAP	O LAP	GSL	
7:15PM - 8:00PM	OPEN	OPEN	O LAP	O LAP	GSL	
8:00PM - 9:00PM	OPEN	OPEN	O LAP	O LAP	OLAP	
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1	
5:30AM - 9:00AM	OPEN	OPEN	O LAP	O LAP	O LAP	
9:00AM - 9:45AM	OPEN	WF	WF	W LAP	S LAP	
9:45AM - 11:00AM	OPEN	OPEN	W LAP	W LAP	S LAP	
11:00AM - 1:00PM	OPEN	SFC	SFC/OLAP	W LAP	-	
1:00PM - 4:45PM	OPEN	OPEN	S LAP	W LAP	S LAP	
4:45PM - 5:15PM	OPEN	OPEN	S LAP	W LAP	GSL	
5:15PM - 7:05PM	OPEN	OPEN			GSL	
7:05PM - 7:35PM	OPEN	OPEN	O LAP	O LAP	GSL	
7:35PM - 9:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	
FRIDAY			LANE 3	LANE 2	LANE 1	
5:30AM - 8:00AM	OPEN	OPEN				
8:00AM - 10:45AM	OPEN	WF	WF	O LAP		
9:45AM - 9:00PM	OPEN ADEA	OPEN ADEA				
SATURDAY			LANE 3	LANE 2		
5:30AM - 9:15AM	OPEN	OPEN		O LAP		
9:15AM - 9:45AM	OPEN	GSL				
9:45AM - 12:05PM	OPEN	OPEN	O LAP	O LAP	GSL	
12:05PM - 4:45PM	OPEN	OPEN	O LAP	O LAP	GSL	
4:45PM - 5:15PM	OPEN	OPEN			GSL	
5:15PM - 9:00PM	OPEN	OPEN	O LAP	O LAP	O LAP	

on weekday evenings and Saturday mornings. Thre will be limited competition pool lane availability from 4:00 to 8:00pm every weekday. Water Polo will use 6 lanes in the Competition Pool on Sundays from 4:30-6:00pm. The Sportsplex will be hosting High School swim meets on 12/4 from 8:00pm - 10:00pm and on 12/7 from 2:30pm - 5:00pm. High School Swim Teams will practice from 6:30am to 7:45am and from 8:00pm to 9:00pm on weekdays in the Competition Pool. They will not occupy 7-8 lanes during these times. **HAC Holiday Practice Schedule:** Hillsborough Aqutic Club Swim Team will practice from 7:00am to 9:00am on Dec. 27th, 28th, and 29th.

SCHEDULE NOTES:

Swim Team Practices take place

We will not have any available competition pool lanes during this time.

AQUATICS CENTER SCHEDULE: December 2023 COMPETITION POOL

SCHEDULE KEY:	MST = Masters Swim Team	SFC = Swim for Charlie	HS = High School Swim
*See schedule notes on back of schedule.	GSL = Group Swim Lessons	CAT = Carolina Aquatic Team	WF = Water Fitness
	LAP = Lap Swim Lane	HAC = Hillsborough Aquatic Club	WP = Water Polo

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
12:00PM - 4:30PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
4:30PM - 6:30PM 6:30PM - 7:00PM	LAP	UP LAP	UP LAP	WP LAP	WP LAP	WP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP
MONDAY	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM 10:00AM - 11:00AM	LAP WF	LAP WF	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM 4:00PM - 5:00PM	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP HAC	LAP HAC	LAP HAC	LAP HAC	HAC HAC	HAC HAC	HAC HAC
5:00PM - 6:30PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
TUESDAY 5:30AM - 6:30AM	LANE 0	LANE 1	LANE 2 LAP	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8 LAP	LANE 9	LANE 10 LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM 11:15AM - 12:00PM	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	SFC SFC
11:15AM - 12:00PM 12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:00PM 6:00PM - 7:00PM	GSL	LAP CAT	LAP CAT	HAC CAT	HAC HAC	HAC HAC	HAC HAC	HAC HAC	HAC HAC	HAC HAC	HAC HAC
7:00PM - 8:00PM	CAT	CAT	CAT	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	HS	HS	HS	HS	HS	HS	HS
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM 7:45AM - 8:30AM	HS LAP	HS LAP	HS LAP	HS LAP	LAP LAP	LAP LAP	LAP LAP	HS LAP	HS LAP	HS LAP	HS LAP
8:30AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:00AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM 1:00PM - 3:45PM	MST LAP	MST LAP	MST LAP	MST LAP	MST LAP	MST LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	SFC LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:30PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:30PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM 8:00PM - 9:00PM	CAT LAP	CAT LAP	CAT LAP	CAT LAP	CAT HS	CAT HS	CAT HS	HAC HS	HAC HS	HAC HS	HAC HS
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 9:30AM	LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP	LAP LAP	LAP	LAP GSL
9:30AM - 10:00AM 10:00AM - 11:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP LAP	LAP	GSL LAP	LAP
11:00AM - 11:15AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
12:00PM - 1:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM 3:45PM - 4:00PM	LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP HAC	LAP HAC	LAP HAC
4:00PM - 5:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
5:00PM - 6:00PM	GSL	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC	HAC
6:00PM - 7:00PM	CAT	CAT	CAT	CAT	HAC	HAC	HAC	HAC	HAC	HAC	HAC
7:00PM - 8:00PM 8:00PM - 9:00PM	CAT LAP	CAT LAP	CAT LAP	CAT LAP	CAT HS	CAT HS	CAT	HAC	HAC HS	HAC	HAC
S:00PM - 9:00PM FRIDAY	LAP	LAP	LAP	LAP	LANE 4	LANE 5	HS LANE 6	HS LANE 7	HS LANE 8	HS LANE 9	HS LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	HS	HS	HS	HS	LAP	LAP	LAP	HS	HS	HS	HS
7:45AM - 8:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:30AM - 10:00AM 10:00AM - 11:00AM	LAP WF	LAP WF	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP	LAP LAP
11:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM		LAP	LAP	LAP	LAP	LAP	LAP HAC	LAP HAC	HAC HAC	HAC	HAC HAC
	LAP			IAD	HAC						
4:00PM - 5:00PM 5:00PM - 6:30PM	LAP	LAP	LAP	LAP HAC	HAC HAC	HAC				HAC	
4:00PM - 5:00PM 5:00PM - 6:30PM 6:30PM - 7:00PM				LAP HAC CAT	HAC HAC HAC	HAC HAC HAC	HAC HAC HAC	HAC HAC HAC	HAC	HAC HAC HAC	HAC
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM	LAP LAP CAT CAT	LAP LAP CAT CAT	LAP LAP CAT CAT	HAC CAT CAT	HAC HAC CAT	HAC HAC CAT	HAC HAC CAT	HAC HAC HAC	HAC HAC HAC	HAC HAC HAC	HAC HAC HAC
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM	LAP LAP CAT CAT LAP	LAP LAP CAT CAT LAP	LAP LAP CAT CAT LAP	HAC CAT CAT LAP	HAC HAC CAT HS	HAC HAC CAT HS	HAC HAC CAT HS	HAC HAC HAC HS	HAC HAC HAC HS	HAC HAC HAC HS	HAC HAC HAC HS
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM SATURDAY	LAP LAP CAT CAT LAP LANE 0	LAP LAP CAT CAT LAP LANE 1	LAP LAP CAT CAT LAP LANE 2	HAC CAT CAT LAP LANE 3	HAC HAC CAT HS LANE 4	HAC HAC CAT HS LANE 5	HAC HAC CAT HS LANE 6	HAC HAC HAC HS LANE 7	HAC HAC HAC HS LANE 8	HAC HAC HAC HS LANE 9	HAC HAC HAC HS LANE 10
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM SATURDAY 5:30AM - 7:00AM	LAP LAP CAT CAT LAP LANE 0 LAP	LAP LAP CAT CAT LAP LANE 1 LAP	LAP LAP CAT CAT LAP LAP LAP	HAC CAT CAT LAP LANE 3 LAP	HAC HAC CAT HS LANE 4 LAP	HAC HAC CAT HS LANE 5 LAP	HAC HAC CAT HS LANE 6 LAP	HAC HAC HAC HS LANE 7 LAP	HAC HAC HAC HS LANE 8 LAP	HAC HAC HAC HS LANE 9 LAP	HAC HAC HAC HS LANE 10 LAP
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM SATURDAY	LAP LAP CAT CAT LAP LANE 0	LAP LAP CAT CAT LAP LANE 1	LAP LAP CAT CAT LAP LANE 2	HAC CAT CAT LAP LANE 3	HAC HAC CAT HS LANE 4	HAC HAC CAT HS LANE 5	HAC HAC CAT HS LANE 6	HAC HAC HAC HS LANE 7	HAC HAC HAC HS LANE 8	HAC HAC HAC HS LANE 9	HAC HAC HAC HS LANE 10
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM SATURDAY 5:30AM - 7:00AM 7:00AM - 9:00AM	LAP LAP CAT CAT LAP LANE 0 LAP LAP	LAP LAP CAT CAT LAP LAP LAP LAP	LAP LAP CAT CAT LAP LANE 2 LAP LAP	HAC CAT CAT LAP LAP HAC	HAC HAC CAT HS LANE 4 LAP HAC	HAC HAC CAT HS LANE 5 LAP HAC	HAC HAC CAT HS LANE 6 LAP HAC	HAC HAC HAC HS LAP HAC	HAC HAC HAC HS LAP HAC	HAC HAC HS LAP HAC	HAC HAC HS LANE 10 LAP HAC
5:00PM - 6:30PM 6:30PM - 7:00PM 7:00PM - 8:00PM 8:00PM - 9:00PM SATURDAY 5:30AM - 7:00AM 9:00AM - 9:00AM 9:00AM - 10:00AM	LAP LAP CAT CAT LAP LAP LAP LAP LAP	LAP LAP CAT CAT LAP LAP LAP LAP	LAP LAP CAT CAT LAP LAP LAP LAP LAP LAP	HAC CAT CAT LAP LANE 3 LAP HAC LAP	HAC HAC CAT HS LANE 4 LAP HAC LAP	HAC HAC CAT HS LANE 5 LAP HAC LAP	HAC HAC CAT HS LANE 6 LAP HAC LAP	HAC HAC HS LANE 7 LAP HAC LAP	HAC HAC HS LANE 8 LAP HAC LAP	HAC HAC HS LANE 9 LAP HAC LAP	HAC HAC HS LANE 10 LAP HAC LAP

For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.