

Ice Hockey is the greatest game on earth and with its rapid growth, we want your child to be part of the excitement! At the Orange County Sportsplex, we are proud to offer first strides in your child's future on the ice. Our Learn to Play Hockey classes follow the guidelines set by USA Hockey and the American Development Model (ADM) to help teach new youth players the fundamentals of Ice Hockey, in a fun and dynamic small-group setting. Taught by high level USA Hockey certified coaches, these 7 week programs allow your athlete to get a taste for the game, while still participating in multiple sports to help develop them both on and off the ice!

Register your child today while spaces are available!



We look forward to seeing you on the ice this year at the SportsPlex!



Orange County Sportsplex
101 Meadowlands Dr.
Hillsborough, NC 27278



2023 Intro to Ice Hockey



Orange County SportsPlex
101 Meadowlands Dr.
Hillsborough, NC 27278
919-644-0339



2023 Intro To Hockey

The Orange County Sportsplex is proud to offer our Intro to Ice Hockey classes for beginner youth hockey players. Classes are taught by USA Hockey certified coaches, and will focus on the basic fundamentals of ice hockey (skating, shooting, and passing) splitting participants into two groups based on age and skill level.

Hockey Tots - Designed for players, ages 3-6.
-Participants in this course have completed "Snowplow Sam" (Learn to Skate) or an equivalent Learn to Skate program before registering for Hockey Tots.

Learn to Play Hockey - Designed for ages 6-13.
-Participants in this course have completed "Basic 1" (Learn to Skate) or an equivalent program before registering for Learn to Play Hockey.

Equipment required for all Intro to Ice Hockey classes:

- Hockey Helmet with Cage
- Hockey Pants
- Shin Pads
- Elbow Pads
- Hockey Stick
- Hockey Gloves

**Rental Skates are available upon request at no additional cost. Please reach out at least 24hrs in advance to allow enough time to accommodate your request.*



2023 Intro to Hockey Schedule

Spring: Mar 12th - Apr 30th
(No class Apr 9th - Easter)

Summer: May 7th - Jun 25th
(No class May 28th - Memorial Day Weekend)

Fall: Sept 10th - Oct 22nd

Winter: Oct 29th - Dec 10th

Register at
www.oc-sportsplex.com



For more information, please contact

Nathan Crooks

ncrooks@oc-sportsplex.com

Or

919.644.0339 ext. 243

Hockey Tots

- Sunday's - 3:45pm-4:15pm
- 30min on ice instruction
(7 weeks) - \$122.50

Learn to Play

- Sunday's - 4:15pm-5:15pm
- 60min on ice instruction
(7 weeks) - \$192.50

Arrival: A check-in table will be located at the front entrance of the Sportsplex (Week 1 only) and a member of the coaching staff will check players in and provide a helmet name tag to help coaches identify each child. Players will then make their way to the ice rink to change in to gear and get ready for their session.

Locker Rooms: Located in the ice rink, locker rooms will be available for changing in and out of gear. Additionally, there are benches around the ice rink that can be utilized as well.

On-Ice: Once dressed, players will wait along the boards at the entrance to the ice rink and a coach will lead them on to the ice, once the Zamboni doors have closed.

Each class will focus on specific hockey skills and players will work through drills designed by coaches to help teach the fundamentals of each technique.

