



# March Lap Swim Schedule (3/1 – 3/31)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Morning</b> <u>0*</u> = no lanes available	(C) 5:30 - 6:30am Lanes: 5-10	(C) 5:30 - 12:00pm Lanes 0-10	(C) 5:30 - 6:30am Lanes: 5-10	(C) 5:30 - 12:00pm Lanes 0-10	(C) 5:30 - 6:30am Lanes: 5-10	(C) 5:30am-8:00am Lanes: 0-10
	(C) 6:30 - 8:30am Lanes 0-10	(R) 5:30-8:45am Lanes: 1-3	(C) 6:30 - 8:30am Lanes 0-10	(R) 5:30-8:45am Lanes: 1-3	(C) 6:30 - 8:30am Lanes 0-10	(C) 8:00am-10:15am Lanes: <u>*0</u>
	(C) 8:30-9:15am Lanes: 2-10	(R) 8:45 - 10:15am Lanes: <u>0*</u>	(C) 8:30-9:15am Lanes: 2-10	(R) 8:30 - 10:45am Lanes: <u>0*</u>	(C) 8:30-9:15am Lanes: 2-10	(C) 10:15am-12:15pm Lanes: 6-10
	(C) 9:15am-11:00am Lanes: 0-10	(R) 10:15-11:00am Lanes: 1-3	(C) 9:15am-11:00am Lanes: 0-10	(R) 10:45-11:00am Lanes: 1-3	(C) 9:15am-11:00am Lanes: 0-10	(R) 5:30-9:00am Lanes: 1-2
	(C) 11:00am-12:00pm Lanes: 5-10		(C) 11:00am-12:00pm Lanes: 5-10		(C) 11:00am-12:00pm Lanes: 5-10	(R) 9:00-12:15pm Lane: 3
	(R) 5:30- 8:30am Lanes: 1-3		(R) 5:30- 8:30am Lanes: 1-3		(R) 5:30- 8:30am Lanes: 1-3	
	(R) 8:30 - 10:15am Lanes: <u>0*</u>		(R) 8:30 - 10:15am Lanes: <u>0*</u>		(R) 8:30 - 10:15am Lanes: <u>0*</u>	
(R) 10:15am-11:00am Lanes: 1-3		(R) 10:15am-11:00am Lanes: 1-3		(R) 10:15am-12:00pm Lanes: 1-3		
<b>Afternoon</b> <u>0*</u> = no lanes available	(C) 12:00-1:00pm Lanes: 0-10	(C) 12:00-3:30pm Lanes: 0-10	(C) 12:00-1:00pm Lanes: 0-10	(C) 12:00-3:30pm Lanes: 0-10	(C) 12:00-1:00pm Lanes: 0-10	(C) 12:15-4:00pm Lanes: 0-10
	(C) 1:00-3:30pm Lanes: 0-10	(R) 11:30am-1:30pm Lanes: <u>0*</u>	(C) 1:00-3:30pm Lanes: 0-10	(R) 11:30am-1:30pm Lanes: <u>0*</u>	(C) 1:00-3:45pm Lanes: 0-10	(R) 12:15pm- 4:00pm Lanes: 1-3
	(R) 11:30am-1:30pm Lanes: <u>0*</u>	(R) 2:00-4:00pm Lanes: 1-3	(R) 11:30am-1:30pm Lanes: <u>0*</u>	(R) 2:00-4:00pm Lanes: 1-3	(R) 12:00-4:00pm Lanes: 1-3	
	(R) 2:00-4:00pm Lanes: 1-3		(R) 2:00-4:00pm Lanes: 1-3			
<b>Evening</b> <u>0*</u> = no lanes available	(C) 3:30-4:00pm Lanes: 0-2;7-10	(C) 3:30-4:00pm Lanes: 0-10	(C) 3:30-4:00pm Lane: 0-10	(C) 3:30-4:00pm Lanes: 0-10	(C) 3:45-4:00pm Lane: 0-6	(C) 4:00pm - 9:00pm Lanes: 0 - 10
	(C) 4:00-5:00pm Lane: 0-1	(C) 4:00-5:00pm Lanes: 0-6	(C) 4:00-5:00pm Lanes: 0-1	(C) 4:00-5:00pm Lanes: 0-6	(C) 4:00-5:15pm Lanes: 0-1	(R) 4:00 - 9:00 pm Lanes 1-3
	(C) 5:00-7:15pm Lane: <u>*0</u>	(C) 5:00-7:15pm Lanes: <u>0*</u>	(C) 5:00-7:15pm Lanes: <u>0*</u>	(C) 5:00-7:15pm Lanes: <u>0*</u>	(C) 5:15-6:45pm Lane: <u>*0</u>	
	(C) 7:15pm-8:00pm Lanes 7-10	(C) 7:15pm-8:00pm Lanes 7-10	(C) 7:15pm-8:00pm Lanes 7-10	(C) 7:15pm-8:00pm Lanes 7-10	(C) 6:45pm-8:00pm Lanes 7-10	
	(C) 8:00pm-9:00pm Lanes: 0-10	(C) 8:00pm-9:00pm Lanes: 0-10	(C) 8:00pm-9:00pm Lanes: 0-10	(C) 8:00pm-9:00pm Lanes: 0-10	(C) 8:00pm-9:00pm Lanes: 0-10	
	(R) 4:00 - 4:45pm Lanes: <u>0*</u>	(R) 4:00 - 4:45pm Lane: 2-3	(R) 4:00 - 4:45pm Lanes: <u>0*</u>	(R) 4:00 - 4:45pm Lane: 2-3	(R) 4:00 - 4:45pm Lane: <u>*0</u>	
	(R) 4:45-7:00pm Lane: 3	(R) 4:45-7:00pm Lane: 3	(R) 4:45-7:00pm Lane: 3	(R) 4:45-7:00pm Lane: 3	(R) 4:45-7:00 pm Lanes: 2-3	
(R) 7:00- 9:00pm Lanes: 1	(R) 7:00- 9:00pm Lanes: 1-3	(R) 7:00-9:00pm Lanes: 1	(R) 7:00- 9:00pm Lanes: 1-3	(R) 7:00- 9:00pm Lanes: 1-3		

- (C) = Competition Pool, (R) = Recreation Pool Lap Lanes 1-3
- Lanes are 0-10 in Comp Pool

**\*SUBJECT TO CHANGE**



## March Lap Swim Schedule (3/1 – 3/31)

### *Pool Hours*

Monday – Saturday 5:30am – 9:00pm

Sunday 12:00pm – 7:00pm

### Lap Swim Notes:

**Competition Pool Lanes 6-10 will be reserved 3:30-6:00pm on Sunday's by Carolina Water Polo unless they have an off site competition**

**Carolina Swims Foundation will use lane 1 in the Recreation pool the last Sunday of each month from 2:30-3:30pm**

**Monday-Thursday there will be 0 lanes available in the Competition Pool from 5:00pm-7:15pm, Friday's 5:15-6:45pm, and Saturday's 8:00-10:15am**

### Program Updates:

Hillsborough Aquatic Club will not be practicing Tu/Th morning in the month of March, barring an emergency that requires a morning workout

### SPORTSPLEX SWIM MEETS:

**NO MARCH SWIM MEETS**

All USA Swimming and High School Meets will be posted on the Sportsplex website and on the designated entrances leading into the building and pools

Please contact Aquatics Director Cliff Gordon  
with any questions or concerns:

919-644-0339, ext. 241  
cgordon@oc-sportsplex.com

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- Lanes are 0-10 in Comp Pool

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