



Orange County SportsPlex

919.644.0339 - 101 Meadowlands Dr. Hillsborough, NC 27278



# SportsPlex Hockey Academy

## Skills Clinic

Lead Instructor – SportsPlex Ice Hockey Director, Kevin Kamenski

Fridays ~ September 11<sup>th</sup> – October 2<sup>nd</sup>

7:00 – 8:00 pm

\$100.00 for all 4 clinics

Open to all ages

Full hockey equipment and stick required.

### Skills Clinic includes:

- Power Skating
- Edge work, stride & balance
- Stick Handling
- Passing / Shooting
- Station based circuit training

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### **SportsPlex Hockey Academy Power Skating Clinic**

Fridays      September 11 – October 2, 2020

7:00 – 8:00 pm

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(home): \_\_\_\_\_ Phone(cell): \_\_\_\_\_

Email: \_\_\_\_\_

USA Hockey Confirmation Number: \_\_\_\_\_



# SportsPlex Hockey Academy Skills Clinic

## Fridays

### September 11 – October 2, 2020

### 7:00- 8:00 pm

4 sessions for \$100.00

Open to all ages

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I consider myself and/or my dependents adequately trained and with sufficient knowledge to participate in the activities offered by Recreation Factory Partners, LLC: dba Orange County SportsPlex. Furthermore, I hereby, on my own behalf and on the behalf of my dependents, release, discharge and hold harmless Recreation Factory Partners, LLC: dba Orange County SportsPlex, its employees and agents, for an and all injuries or losses sustained while participating in any of the activities or programs offered by Recreation Factory Partners, LLC: dba Orange County SportsPlex. I further agree that Recreation Factory Partners, LLC: dba Orange County SportsPlex shall not be responsible for any theft or loss pf property while on the premises, including the parking lot. I further understand that Recreation Factory Partners, LLC: dba Orange County SportsPlex has the right to set the times and days that the facility and its activities will be available for member and public usage. Recreation Factory Partners, LLC: dba Orange County SportsPlex discourages any parent or guardian from dropping off children under the age of 13 without supervision of and adult over the age of 18 and does not assume responsibility of them.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_