

Orange County SportsPlex 919.644.0339 101 Meadowlands Dr. Hillsborough, NC 27278

## **2023 Learn to Skate Classes**



## Summer Session

Wednesday (8 weeks) May 10, 17, 24, 31, June 7, 14, 21, 28 Saturday (5 weeks) June 3, 10, 17, 24, July 1

Intro to Ice Skating 30 minute group classes offered: Parent and Me Snowplow Sam 1-4 (Ages 3-5) Basic 1 (Ages 6 and up) Basic 2 Passed Snowplow Sam 4 or Basic 1 Wednesdays 5:20 –5:50pm or Saturdays 11:45-12:15pm		Advanced Learn to Skate 30 minute group classes offered: Basic 3 4 5 6 Pre Freeskate Freeskate 1 2 3 4 5 6 Adult 1 2 3 4 Wednesdays 5:50-6:20pm or Saturdays 12:20-12:50pm
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<b>Technique Class</b> <b>Saturday 11:00—11:45</b> This class will cover different topics on the ice such as: Moves in the Field, Jumps, Spins, Power and Edge Control. This program is BEST done as a supplement to Learn to Skate and/or Private Lessons Skaters working on all jumps and spins through axels and double jumps are allowed		
<u>Prerequisite</u> Skaters must be in Pre-FreeSkate or Higher (or have Skating Directors Approval)		Saturday 11:45-12:15pm *Children Ages 3-6 Saturday 12:20-12:50pm *Children Ages 7 & up
Name:D.O.B:		
Parent/Guardian:		
Address:	City:	Zip:
Address: City:  Zip:    Phone: Email:     PARENTS - Register for the Adult Class with your child & get \$50 off! *Must register at the front desk.		
One time membership fee of \$17 to US Figure Skating's Learn to Skate USA program is required. Instructions on how to register given the first day of class. You will pay the fee directly to US Figure Skating.		
Intro to Ice Skating Circle your day: Wednesday 5:20-5:50pm Saturday 11:40-12:10pm	Advanced Learn to S Circle your day: Wednesday 5:50-6:20 Saturday 12:15-12:45]	y: sopm 5pm Spring Session \$ 175.00
Circle your skating level: Parent and Me Snowplow Sam 1 2 3 4 Basic 1 2 Wednesday <b>\$220.00</b> Saturday <b>\$137.50</b>	Freeskate 1 2 3 4 Adult 1 2 3 4 Wednesday <b>\$22</b>	7 8 Hocke50pm y 1-4

## **Skate School Tips**





Ice skating is an exciting, invigorating and enjoyable activity. In our Learn to Skate program, you'll gain the skills that will enable you to enjoy a lifetime of fun and exercise. Step-by-step instruction in pleasant, fun, and supervised surroundings makes learning safe and easy. New skaters are always welcome. Classes are grouped by age and ability, and meet once weekly. Classes are available on Wednesdays and Saturdays.

- Please always arrive at least 15 minutes prior to the beginning of class.
- You will pass the front desk and head towards the right to enter the ice rink.
- Once in rink please Check In at Learn to Skate Table.
- Rental skates are provided if needed.
- Once you check in you will be directed to the skate rental counter if needed.
- When you check in you will be given an 8 session Public Skating Pass. To use for practice. Passes are valid on all Public Sessions offered at the Sportsplex. They are only valid for the duration of your 8 week Learn to Skate session. Public passes can be used for skaters enrolled and family members.
- All Levels will meet their instructors Off Ice Under their Class Level Sign for the first 2 weeks.
- Bike/hockey helmets are strongly recommended for Snowplow Sam Basic 2.
- Dress warmly.
- Don't forget your gloves or mittens.

As a participant or guardian/parent of a participant, I knowingly and freely assume all risks, both known and unknown, and whether or not such risks are foreseeable, in connection with participation in the Program. Even if such risks arise from the negligence of the participant, releasees, as defined below, or others. Participant assumes the risk of injury or death and takes full responsibility for participation in the Program. I consider myself and/or my dependents adequately trained and with sufficient knowledge to participate in the activities offered by Recreation Factory Partners, LLC: dba Orange County Sportsplex (hereinafter referred to as "The Sportsplex"). I hereby, on my own behalf and on the behalf of my dependents, release, discharge and hold harmless The Sportsplex, its employees and agents, for any and all injuries or losses sustained while participating in any of the activities or programs offered by The Sportsplex. I further agree that The Sportsplex shall not be responsible for any theft or loss of property while on the premises, including the parking lot. I further understand that The Sportsplex has the right to set the times and days that the facility and its activities will be available for member and public usage. The Sportsplex discourages any parent or guardian from dropping off children under the age of 13 without supervision of an adult over the age of 18, and does not assume responsibility of them.

Signature:\_

Date:

We do not offer refunds. Payments may be paid by Credit Card, Debit Card, Cash or Check. If you have any questions please contact our Skating Director, Dia T McGaughey, at dmcgaughey@oc-sportsplex.com