

At the Sportsplex Hockey Academy, we strive to give your young athlete the best available instruction for the coolest game on earth. We will help your child reach their maximum potential in a challenging and engaging atmosphere. Campers will be pushed to attain personal goals and work hard at becoming a better hockey player, while making new friends and having fun.

Be sure to register your child today before spaces fill up!



WE LOOK FORWARD TO SEEING YOU ON THE ICE THIS SUMMER AT THE SPORTSPLEX!



Orange County Sportsplex
101 Meadowlands Dr.
Hillsborough, NC 27278



2019 SUMMER HOCKEY CAMP

With Head Coach of UNC Men's Hockey, Jeff Volkman

July 15th - 19th



Orange County SportsPlex

101 Meadowlands Dr.
Hillsborough, NC 27278
919-644-0339



SPORTSPLEX 2019 SUMMER HOCKEY CAMP JULY 15TH - 19TH

Ages 6 to 12

After playing and coaching in Minnesota for many years, Coach Jeff Volkman has been the Head Coach of the UNC Hockey Team for the past 5 seasons. He brings a wealth of hockey experience and knowledge to the Sportsplex Hockey Camp.

Coach Volkman takes a balanced approach to coaching, motivating and challenging every player, while also having a ton of fun. Instruction and drills will build on core hockey skills, such as stick handling, shooting, passing, skating, teamwork, play making and more!

FEATURING A MEET AND GREET AND COACHING FROM UNC HOCKEY PLAYERS!!



Proud to Support

Triangle Youth Hockey and the Hillsborough Sharks

A typical camp day will be the following:

- 8:00 - 9:00am: Drop off / Dress for On-Ice
- 9:00 - 10:30am: On-Ice session 1
- 10:45 - 11:45am: Off-Ice session 1
- 11:55am - 12:25pm: Lunch
- 12:45pm - 2:15pm: On-Ice session 2
- 2:30 - 3:20pm: Video/classroom
- 3:30 - 4:30pm: Off-Ice session 2 (i.e. swimming, street hockey, plyometrics, stretching, etc.)
- 4:30 - 5:00pm: Pick up

In addition to your hockey gear and a great attitude, don't forget to pack the following items each day:

- Bathing suit
- Pool towel
- Running shoes
- Athletic attire (gym shorts/t-shirt)
- Water bottle
- Lunch and additional snacks
- *Lunches can be provided for an additional cost*

Register at

www.oc-sportsplex.com

**Contact Coach Jeff Volkman at
JVolkman@unchockey.com**

for more info

Rental gear is available in a limited quantity. To ensure the most time on ice, please inform us of equipment needs 1 week or more prior to the start of camp.

Registration Information

Participant's

Name: _____

Parent's

Name: _____

Email: _____

Home Address: _____

Phone: (_____) - _____ - _____

Age: _____ *Camp for Ages 6 to 12 Only*

Experience: _____ Age Group: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Additional Info: _____

Full Week of Camp for \$425

*Please make checks payable to the Orange County SportsPlex

Waiver: Upon entering any program sponsored by Orange County SportsPlex, you voluntarily and knowingly recognize, accept and assume all risks and release Orange County SportsPlex, its affiliates, their sponsors, and officials from any liability therefore. Participant or participant's parent(s) / guardian(s) agrees to release and hold harmless Orange County SportsPlex, Recreation Factory Partners LLC, of all claims or causes of action by whomever or wherever made or presented for participants injury, property damage, wrongful death.

Parent/Guardian Name (Print): _____

Signature: _____

Date: _____