

#### **Orange County SportsPlex**

919.644.0339 - 101 Meadowlands Dr. Hillsborough, NC 27278



# 2021 SUMMER FIGURE SKATING CAMPS



Camp Weeks June 21-25 July 12-16 August 9-13



	Three camp tracks:
Group A	Basic Skills 1- Basic 6

**Group B** Pre Freeskate - Freeskate 3

**Group C** Freeskate 4- No Test

**Group D** Pre-Pre and up

Ages 5 and up

Group A, B, C, & D	Price
Half Day:	
8:00am -2:00pm	\$400
Full Day:	
Mon-Thurs (8:00am-5:30)	\$500
Friday (2:00pm pick up)	



2021 Sun	nmer Figure Skating Camp Regist	ration		
Name:		D.O.B:		
Parent/Guardian:				
Address:	City:	Zip:		
Phone(home):	Phone(cell):			
Email:				
Select Camp Week: _	June 21-24July 12-16	August 9-13		
Groun	A .B. C. D			

Half Day (8:00-1:45) \$400 Full Day (8:00-5:15) \$500

\*\*Friday pick up at 2:00pm following exhibition\*\*

## **Camp Description**

Whatever your figure skating aspirations are, our camp can help move you closer to your goal! We offer three one-week camps. On ice group classes and freestyle sessions are offered daily. Private lessons are also available for an additional fee.

> Basic Skills 1-6 Group A

Group B Pre Freeskate-Freeskate 3

Freeskate 4- No Test Free (single jumps) Group C

Pre-Pre Free and up (working on doubles) Group D

#### **Specialty classes offered in camp:**

Jumps, Spins, Artistry in Motion, Ice Dance, Program Practice and Synchronized Skating Exhibition Fridays: Come out and see what the group and your skater learned in camp!

### **Tentative Camp Schedule**

Class times subject to change, but the number of class offered will remain the same.

#### Group A and B

8:00 Check in

8:15-8:45 LTS Class

8:45-9:15 Jumps and Spins Class 9:15-9:45 Artistry/Ice Dance/Power

9:45-10:15 Break (Snack)

10:15-11:15 Off-Ice Conditioning

11:30-12:15 Lunch

12:30-1:00 Freestyle

1:00-1:45 Program Practice

2:00-2:30 Special Topic/Video

2:30-3:30 Open Skate

3:45-4:45 Swimming

5:00-5:30 Pick up

#### Group C and D

6:00-6:30 Freestyle Session\*

6:30-7:00 Freestyle Session\*

7:00-7:30 Freestyle Session\*

7:30-8:00 Freestyle Session

8:15-8:45 Jump class

8:45-9:15 Spins class

9:30-10:00 Break

10:00-10:45 Freestyle

10:50-11:50 Lunch

12:00-12:30 M/W/F Power, T/Th Artistry

12:30-1:00 Freestyle

1:00-1:45 Program Practice \* \*

(full day follows group A and B schedule)

\*Select 3 of the 4 freestyle sessions each day. Full day rolls over to Group A/B schedule from 1:00-

5:00pm.



As a participant or guardian/parent of a participant, I knowingly and freely assume all risks, both known and unknown, and whether or not such risks are foreseeable, in connection with participation in the Program. Even if such risks arise from the negligence of the participant, releasees, as defined below, or others. Participant assumes the risk of injury or death and takes full responsibility for participation in the Program. I consider myself and/or my dependents adequately trained and with sufficient knowledge to participate in the activities offered by Recreation Factory Partners, LLC; dba Orange County Sportsplex (hereinafter referred to as "The Sportsplex"). I hereby, on my own behalf and on the behalf of my dependents, release, discharge and hold harmless The Sportsplex, its employees and agents, for an and all injuries

or losses sustained while participating in any of the activities or programs offered by The Sportsplex. I further agree that The Sportsplex shall not be responsible for any theft or loss of property while on the premises, including the parking lot. I further understand that The Sportsplex has the right to set the times and days that the facility and its activities will be available for member and public usage. The Sportsplex discourages any parent or guardian from dropping off children under the age of 13 without supervision of and adult over the age of 18, and does not assume responsibility of them.

Signature:	D. I.	
Signafiire.	Date:	