

At the SportsPlex Hockey Academy, we strive to give your young athlete the best available instruction for the coolest game on earth. We will help your child reach their maximum potential in a challenging and engaging atmosphere. Campers will be pushed to attain personal goals and work hard at becoming a better hockey player, while making new friends and having fun.

Be sure to register your child today before spaces fill up!



WE LOOK FORWARD TO SEEING YOU ON THE ICE THIS SUMMER AT THE SPORTSPLEX!



Orange County Sportsplex
101 Meadowlands Dr.
Hillsborough, NC 27278



2021 SUMMER HOCKEY CAMP

Camp Instructors

Kevin Kamenski

Willo Charns

June 28 to July 2

July 19 to July 23

August 16 to August 20



Orange County SportsPlex

101 Meadowlands Dr.
Hillsborough, NC 27278
919-644-0339



SPORTSPLEX 2021 SUMMER HOCKEY CAMP

Coach Kamenski has over 20 years of experience as a Coach and Hockey Director. In his career, he has played professional hockey, owned and operated his own training program and is a certified Power Edge Pro instructor.

Coach Kamenski is currently the Assistant General Manager and Ice Rink Director for the Orange County SportsPlex. Prior to joining the team, he served as the Director of Hockey and Player Development for the Jersey Colts. He also spent four seasons coaching the Jersey Hitmen, an 18U AAA Tier 1 team and was named USPHL Coach of the Year in 2014/2015. Coach Kamenski is currently the Head Coach for the Jr. Canes 16U AA Girls Elite team.

Coach Willo Charms began her hockey journey at the Orange County SportsPlex with the Hillsborough Sharks. Coach Willo also played for the Carolina Lighting, Jr. Hurricanes as well as the Potomac Patriots. Coach Willo currently plays for the Carolina Lady Hurricanes and has been the lead instructor of the OC SportsPlex Hockey Tots and Learn to Play Hockey programs for the last several seasons.

Proud to Support

Triangle Youth Hockey and the Hillsborough Hogs



Camp schedule:

- 8:15 - 9:00am: Drop off / Dress for On-Ice
- 9:00 - 10:30am: On-Ice session 1
- 10:45 - 11:45am: Off-Ice session 1
- 11:55am - 12:25pm: Lunch
- 12:45pm - 2:15pm: On-Ice session 2
- 2:30 - 3:20pm: Video/classroom
- 3:30 - 4:30pm: Off-Ice session 2 (i.e. swimming, street hockey, soccer, plyometrics, etc.)
- 4:30 - 5:00pm: Pick up

In addition to your hockey gear and a great attitude, don't forget to pack the following items each day:

- * Bathing suit
- * Pool towel
- * Running shoes
- * Athletic attire (gym shorts/t-shirt)
- * Water bottle
- * Lunch and additional snacks

**Register at
www.oc-sportsplex.com**

For more information, please contact

Kevin Kamenski

kkamenski@oc-sportsplex.com

Or

919.644.0339 ext. 239

Registration Information

Participant's

Name: _____

Parent's

Name: _____

Email: _____

Home Address: _____

Phone: (_____) - _____ - _____

Age: _____ *Camp for Ages 6 to 12 Only*

Experience: _____ Age Group: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Camp week: Circle Below

Week of: June 28 July 19 August 16

Full Week of Camp for \$450

*Please make checks payable to the Orange County SportsPlex

Waiver: Upon entering any program sponsored by Orange County SportsPlex, you voluntarily and knowingly recognize, accept and assume all risks and release Orange County SportsPlex, its affiliates, their sponsors, and officials from any liability therefore. Participant or participant's parent(s) / guardian(s) agrees to release and hold harmless Orange County SportsPlex, Recreation Factory Partners LLC, of all claims or causes of action by whomever or wherever made or presented for participants injury, property damage, wrongful death.

Parent/Guardian Name (Print): _____

Signature: _____

Date: _____