

# **Pokémon/LEGO/Creative Arts/Skyhawks**

## **Camp Reminders!**

Please read below, as it contains important information for the duration of camp.

If you have any questions, email us at [camps4kids@oc-sportsplex.com](mailto:camps4kids@oc-sportsplex.com) or call (919)-644-0339 ext. 228.

*Please be advised that office hours are 9:30am-5:30pm, Monday's-Friday's, so if you call or email over the weekend, we will get back to you as soon as possible.*

**Camp runs from 7:30am-6:00pm (Drop-off and Pick-up at the Field House Front Entrance; Blue building attached to the Soccer turf).**

**ALWAYS bring a picture ID for pickup, as there are different staff members who can run pickup, and we will always check an ID to verify for safety reasons.**

**There is a \$1/per minute/per child late fee charged for pickups after 6:00pm**

### **Lunch/Snack:**

Your child **must** bring two **NUT-FREE** snacks and a **NUT-FREE** lunch (**this includes tree nuts; almonds, walnuts, cashews, & hazelnuts, as well as any peanut products**) every day. Your child will also need their **own** water bottle daily.

### **Attire:**

All children should be dressed for active play every day including tennis/running/closed toes shoes. Please **do not** send your child in flip flops, open-toed sandals, boots, crocs, or in a dress/skirt that does not have shorts underneath as we are an active camp!

On **SWIM** days (M/W/TH's), please make sure your child brings a bathing suit, towel, goggles (if needed), bag for their wet clothes, and pool shoes (if they want, as the pool deck can be slippery).

On **SKATE** days (T/F's), please make sure your child brings warm clothes, long socks, and a bike helmet. **If your child does not bring their own helmet, they will not be able to skate on that day for safety reasons.**

### **Medication:**

If your child will need to receive medication during the Camp Day, complete the KidsPlex Medication Authorization form on the first morning you arrive. The form cannot be completed online. There will be copies at the check-in desk.

Children with a fever should be fever-free for 24 hours without medication before returning to camp. Children who have been vomiting, have had diarrhea, consistent runny nose, discharge from eyes, rash, severe cough or congestion, sore throat/swollen glands, or green mucus, should stay home. If a child has been sick with any of the above symptoms, we ask that you allow a minimum of 24 hours after symptoms cease before bringing your child to camp, or we will need to call you to come pick up your child if symptoms persist.

### **Tentative Daily Schedule:**

**7:30am-8:30am:** Drop off and outdoor play [*all children should be here no later than 8:30am, so they can get started with their day*]

**8:30am-9:00am:** Morning snack

**9:00am-12:00pm:** Specialty Camp time

**12:00pm-12:30pm:** Lunch [*Skyhawks Campers will join their Platinum Camp age group*]

**12:30pm-1:30pm:** Movie time

**\* On M/W/TH's – 2:00pm-3:00pm:** Swimming

**\* But on T/F's – Time is TBD** (*we follow Sportsplex's Public Skate Calendar*): Ice Skating

**3:30pm-4:00pm:** Afternoon snack & pack up

**4:30pm-6:00pm:** Court time for indoor sports activities/games/free play, & pick up **before** 6pm

### **POKEMON CAMP:**

PLEASE BE ADVISED THAT YOUR CHILD IS ALLOWED TO BRING THEIR POKEMON CARDS TO THE CAMP. KIDSPLEX IS NOT LIABLE FOR ANY TRADES THAT MAY OCCUR WHILE AT CAMP, SO BE MINDFUL OF YOUR CHILD'S CARDS VALUES, AND KEEP HIGHER PRICED CARDS AT HOME.

### **CREATIVE ARTS CAMP:**

Craft supplies are provided, but your child can certainly bring their own markers, crayons, colored pencils, etc., if they would like.

### **SKYHAWKS CAMPS:**

#### **BASKETBALL SKILLS THAT WILL BE WORKED ON:**

- Passing
- Blocking/Guarding
- Dribbling
- Shooting
- Precision and Accuracy
- Speed and Endurance

**All equipment is provided by Sportsplex, but your child should wear athletic/tennis shoes and bring a water bottle.**

**SOCCER SKILLS THAT WILL BE WORKED ON:**

- Passing
- Receiving
- Tapping
- Dribbling
- Shooting
- Precision
- Speed and Endurance

**All equipment is provided by Sportsplex, but your child should bring cleats for the turf (not required, but preferred), athletic/tennis shoes (required), and shin guards (not required, but preferred).**