



September Aquatic Center / Lap Swim Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY: (C) = Competition Pool (R) = Recreation Pool Times and activity in BOLD <i>Indicates Open Area or the number of lanes occupied in italics</i></p>	<p>(C) Masters Swim Team <i>6 lanes</i></p> <p>(R) 8-8:50am Water Walking <i>Open Area</i></p> <p>(R) 9-9:45am Aqua Step <i>Open Area</i></p> <p>(C) Ocean Motion 10:30-11:15am <i>3-4 lanes</i></p>	<p>(R) 8:30-9:15am Aqua Dance and Box w/ Shannon <i>Open Area</i></p>	<p>(C) Masters Swim Team <i>6 lanes</i></p> <p>(R) 8-8:50am Water Walking <i>Open Area</i></p> <p>(R) 9-9:45am Aqua Step <i>Open Area</i></p>	<p>(R) 9-9:45am Aqua Zumba w/ Steve <i>Open Area</i></p>	<p>(C) Masters Swim Team <i>6 lanes</i></p> <p>(R) 8-8:50am Water Walking <i>Open Area</i></p> <p>(R) 9-9:45am Aqua Step <i>Open Area</i></p> <p>(C) Ocean Motion 10:30-11:15am <i>3-4 lanes</i></p>	<p>(R) 9am-12:15pm Swim Lessons <i>Open Area</i></p> <p>(R) 8:45-10:15am HAC practice <i>2 lanes</i></p> <p>(C) 8-10:15am HAC <i>11 lanes</i></p> <p>(C) 10:15am-12pm CAT practice <i>7 lanes</i></p>
<p>(C) 4:30-7:30pm Water Polo <i>6 lanes</i></p>	<p>(R) 11:30am-1:20pm Swim for Charlie <i>Open Area</i></p> <p>(R) 4-4:45pm HAC Practice <i>3 lanes</i></p> <p>(R) 4:45-7pm Swim Lessons <i>Open Area</i></p> <p>(C) 3:45-8pm HAC practice CAT Practice <i>11 lanes</i></p>	<p>(R) 11:30am-1:20pm Swim for Charlie <i>Open Area</i></p> <p>(R) 4:45-5pm HAC practice <i>3 lanes</i></p> <p>(R) 4:45-7pm Swim Lessons <i>Open Area</i></p> <p>(C) 3:45-8pm HAC practice CAT Practice <i>11 lanes</i></p>	<p>(R) 11:30am-1:20pm Swim for Charlie <i>Open Area</i></p> <p>(R) 4-4:45pm HAC Practice <i>3 lanes</i></p> <p>(R) 4:45-7pm Swim Lessons <i>Open Area</i></p> <p>(C) 3:45-8pm HAC practice CAT Practice <i>11 lanes</i></p>	<p>(R) 11:30am-1:20pm Swim for Charlie <i>Open Area</i></p> <p>(R) 3:45-4:30 Kidsplex Group Swim <i>Open Area</i></p> <p>(R) 4:45-5pm HAC practice <i>3 lanes</i></p> <p>(R) 4:45-7pm Swim Lessons <i>Open Area</i></p> <p>(C) 3:45-8pm HAC practice CAT Practice <i>11 lanes</i></p>	<p>(R) 4-4:45pm HAC Practice <i>3 lanes</i></p> <p>(C) 3:45-8pm HAC practice CAT Practice <i>11 lanes</i></p>	

- (C) = Competition Pool (R) = Recreation Pool Lap
- 11 Lanes in Comp Pool 3 Lanes in Rec Pool plus Open Area

*SUBJECT TO CHANGE



September Aquatic Center / Lap Swim Schedule



Pool Hours

Monday – Saturday 5:30am – 9:00pm

Sunday 12:00pm – 7:00pm

Lap Swim Notes:

Starting Sept. 7th: Hillsborough Aquatic Club and Carolina Aquatic Team will occupy all lanes in the Competition Pool every weekday from 4:00pm to 8:00pm.

On Saturdays, Hillsborough Aquatic Club will occupy all Competition Pool lanes from 8:00am to 10:15am. Carolina Aquatic Club will use lanes 0-6 from 10:15am to 12:00pm.

Program Updates:

Swim lessons start back up on Tuesday, Sept. 7th and will be held on Friday, Sept. 10th due to Labor Day holiday. After that, the Swim Lesson schedule will Monday-Thursdays from 4:45 to 7:00 pm and on Saturdays from 9:00am to 12:30pm.

Swim for Charlie will begin on Sept. 13th and will take place Monday-Thursday from 11:30am to 1:20pm in the open area of the Recreation Pool. This program is only offered to second grade students from surrounding elementary schools as a part of their school day. It is not open for enrollment.

SPORTSPLEX SWIM MEETS:

There are no swim meets in the month of September.

All USA Swimming and High School Meets will be posted on the Sportsplex website and on the designated entrances leading into the building and pools

Questions?

Contact Aquatics Director. Cliff Gordon

919-644-0339, ext. 241 CGordon@oc-sportsplex.com

Contact Aquatic Manager, Alexa Zollicoffer

919-644-0339, ext. 229 AZollicoffer@oc-sportsplex.com

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