



ADVANCED BEGINNER LADDER DETAILS

Updated: 12/13/19



ADVANCED BEGINNER LADDER - DATES, TIMES, SCHEDULE

- Ladder competition will be weekly on Thursday mornings at the Orange County Sportsplex Field House.
- Ladder matches will be played at **9:00, 10:00 and 11:00AM** and will utilize 3 courts.
- **First day for competition will be Thu, Jan 9th.**
- **Last day for competition will be Thu, Mar 12th.**
- There will be 10 mornings of competition.
- To register – go to [Pickle @ the 'Plex Website](#)

ADVANCED BEGINNER LADDER PARTICIPANT GUIDELINES

The following are participant guidelines, not absolutes. The purpose of these guidelines is to create a playing experience that will be enjoyable for all.

If you have any questions about whether this is the correct competitive level for you, please contact Nancy Frank (919-306-1104).

Advanced Beginner Ladder Players should have all or most of the following experiences / proficiencies:

- Attended a Beginner Orientation Clinic
- Demonstrates an understanding while playing of the NVZ rule and the Double Bounce rule
- Demonstrates the ability to legally serve at least 50% of the time
- Understands how to keep score and can keep score while playing
- Possesses a basic understanding of doubles court positioning and strategy
- Played in a sufficient number of games to feel comfortable in a competitive environment
- Helpful if you have prior experience playing in a social or other beginner ladder