

At the SportsPlex Hockey Academy, we strive to give your young athlete the best available instruction for the coolest game on earth. We will help your child reach their maximum potential in a challenging and engaging atmosphere. Campers will be pushed to attain personal goals and work hard at becoming a better hockey player, while making new friends and having fun.

Be sure to register your child today before spaces fill up!



We look forward to seeing you on the ice this Summer at the Plex!



Orange County Sportsplex
101 Meadowlands Dr.
Hillsborough, NC 27278



2023 SUMMER HOCKEY CAMP

Camp Instructors

Kevin Kamenski

Nathan Crooks

June 12 to June 16

July 10 to July 14

August 7 to August 11



Orange County SportsPlex

101 Meadowlands Dr.
Hillsborough, NC 27278
919-644-0339



2023 Summer Hockey Camp

Coach Kamenski has over 20 years of experience as a Coach and Hockey Director. In his career, he has played professional hockey, owned and operated his own training program and is a certified Power Edge Pro instructor.

Coach Kamenski is currently the Assistant General Manager and Ice Rink Director for the Orange County Sportsplex. Prior to joining the team, he served as the Director of Hockey and Player Development for the Jersey Colts. He also spent four seasons coaching the Jersey Hitmen, an 18U AAA Tier 1 team and was named USPHL Coach of the Year in 2014/2015. Coach Kamenski is currently the Hockey Director for the Carolina Stars Travel Hockey program as well as the Sportsplex Shamrocks Spring Hockey program.

Coach Crooks is originally from Hillsborough, NC. Nathan took his first steps on the ice at the Orange County Sportsplex and continued to develop his hockey skills in the triangle area throughout his youth playing career. Before joining the OCSP team, Nathan spent 4 years in Nashville as the Hockey Coordinator for the Nashville Predators at the Ford Ice Center, a 2-rink facility in Antioch, TN. Nathan currently holds his Level 4 Hockey Coach and Ice Rink Director certifications with USA Hockey and has coached numerous camps and clinics in the US and Canada.

Proud to Support



Camp schedule:

- 8:15 - 9:00am: Drop off / Dress for On-Ice
- 9:00 - 10:30am: On-Ice session 1
- 10:45 - 11:45am: Off-Ice session 1
- 11:55am - 12:25pm: Lunch
- 12:45pm - 2:15pm: On-Ice session 2
- 2:30 - 3:20pm: Video/classroom
- 3:30 - 4:15pm: Off-Ice session 2 (i.e. swimming, street hockey, soccer, plyometrics, etc.)
- 4:15 - 4:45 pm: Pick up

In addition to your hockey gear and a great attitude, don't forget to pack the following items each day:

- * Bathing suit
- * Pool towel
- * Running shoes
- * Athletic attire (gym shorts/t-shirt)
- * Water bottle
- * Lunch and additional snacks

**Register at
www.oc-sportsplex.com**

For more information, please contact

Kevin Kamenski

kkamenski@oc-sportsplex.com

Or

919.644.0339 ext. 239

Registration Information

Participant's

Name: _____

Parent's

Name: _____

Email: _____

Home Address: _____

Phone: (____) - ____ - ____

Age: _____ *Camp for Ages 6 to 15 Only*

Experience: _____ Age Group: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Circle Camp Week(s) Below:

Week of **June 12** **July 10** **August 7**

Full Week of Camp for \$465

*Please make checks payable to the Orange County Sportsplex

Waiver: Upon entering any program sponsored by Orange County SportsPlex, you voluntarily and knowingly recognize, accept and assume all risks and release Orange County SportsPlex, its affiliates, their sponsors, and officials from any liability therefore. Participant or participant's parent(s) / guardian(s) agrees to release and hold harmless Orange County SportsPlex, Recreation Factory Partners LLC, of all claims or causes of action by whomever or wherever made or presented for participants injury, property damage, wrongful death.

Parent/Guardian Name (Print): _____

Signature: _____

Date: _____