

AQUATICS CENTER SCHEDULE: JANUARY 2023

COMPETITION POOL

SCHEDULE KEY:
**See schedule notes on back of schedule.*

MST = Masters Swim Team

OHS = Orange High Swim Team

CR = Cedar Ridge Swim Team

GSL = Group Swim Lessons

YOTA = YOTA Swim Team

CAT = Carolina Aquatic Team

CFS = Carolina Friends School

HAC = Hillsborough Aquatic Club

SFC = Swim for Charlie

WF = Water Fitness

ER = Eno River Swim Team

WP = Water Polo

SUNDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
12:00PM - 4:30PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
4:30PM - 6:30PM	WP	WP	WP	WP	WP	WP	WP	LAP	LAP	LAP	LAP
6:30PM - 7:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
MONDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	LAP	LAP	LAP	LAP	OHS	OHS	OHS	OHS	CR	CR	CR
7:45AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	SFC
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
4:00PM - 8:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	CFS	CFS	CFS	ER	ER	ER	ER
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	LAP	LAP	LAP	LAP	OHS	OHS	OHS	OHS	CR	CR	CR
7:45AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	YOTA	YOTA	YOTA	YOTA	HAC	HAC	HAC	HAC
5:00PM - 8:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	CFS	CFS	CFS	ER	ER	ER	ER
WEDNESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	LAP	LAP	LAP	LAP	OHS	OHS	OHS	OHS	CR	CR	CR
7:45AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC
4:00PM - 8:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	CFS	CFS	CFS	ER	ER	ER	ER
THURSDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	LAP	LAP	LAP	LAP	OHS	OHS	OHS	OHS	CR	CR	CR
7:45AM - 10:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:00AM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC
4:00PM - 5:00PM	LAP	LAP	LAP	YOTA	YOTA	YOTA	YOTA	HAC	HAC	HAC	HAC
5:00PM - 8:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	CFS	CFS	CFS	ER	ER	ER	ER
FRIDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
6:30AM - 7:45AM	LAP	LAP	LAP	LAP	OHS	OHS	OHS	OHS	CR	CR	CR
7:45AM - 10:30AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
10:30AM - 11:15AM	WF	WF	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
11:15AM - 12:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
12:00PM - 1:00PM	MST	MST	MST	MST	MST	MST	LAP	LAP	LAP	LAP	LAP
1:00PM - 3:45PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM - 4:00PM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
4:00PM - 8:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00PM - 9:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
SATURDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 8:00AM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP
8:00AM - 10:15AM	LAP	LAP	LAP	LAP	HAC	HAC	HAC	HAC	HAC	HAC	HAC
10:15AM - 11:15AM	LAP	LAP	LAP	LAP	CAT	CAT	CAT	CAT	CAT	CAT	CAT
11:15AM - 11:45AM	LAP	LAP	LAP	LAP	CAT	CAT	CAT	CAT	LAP	LAP	LAP
11:45AM - 9:00PM	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP	LAP

For questions about the schedule or to inquire about group swim/pool rentals, please contact Briley Penner (Aquatics Director) at bpenner@oc-sportsplex.com or 919.644.0339 ext. 229.

Schedule is subject to change without notice

AQUATICS CENTER SCHEDULE: JANUARY 2023

RECREATION POOL

SCHEDULE KEY: LAP = Lap Swim Lane
 OPEN = Open Swim Area
 SFC = Swim for Charlie
 WF = Water Fitness
 GSL = Group Swim Lessons

SCHEDULE NOTES:
 Swim for Charlie programming will start back 1/17

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 6:00PM	OPEN	OPEN	LAP	LAP	LAP
6:00PM - 7:00PM	OPEN	OPEN	LAP	LAP	LAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	SFC	SFC	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 7:15PM	OPEN	OPEN	LAP	LAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	LAP	WF	GSL
8:00PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:30AM	OPEN	OPEN	LAP	LAP	LAP
8:30AM - 9:15AM	OPEN	WF	WF	LAP	LAP
9:15AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	SFC	SFC	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	LAP	LAP	LAP
7:05PM - 7:35PM	OPEN	OPEN	LAP	LAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	SFC	SFC	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 7:15PM	OPEN	OPEN	LAP	LAP	GSL
7:15PM - 8:00PM	OPEN	OPEN	LAP	WF	GSL
8:00PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:00AM	OPEN	OPEN	LAP	LAP	LAP
9:00AM - 9:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 11:00AM	OPEN	OPEN	LAP	LAP	LAP
11:00AM - 1:00PM	OPEN	SFC	SFC	LAP	LAP
1:00PM - 4:45PM	OPEN	OPEN	OPEN	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 7:05PM	OPEN	OPEN	LAP	LAP	LAP
7:05PM - 7:35PM	OPEN	OPEN	LAP	LAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	LAP	LAP	LAP
8:00AM - 10:45AM	OPEN	WF	WF	LAP	LAP
9:45AM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:15AM	OPEN	OPEN	LAP	LAP	LAP
9:15AM - 9:45AM	OPEN	GSL	LAP	LAP	LAP
9:45AM - 12:05PM	OPEN	OPEN	LAP	LAP	GSL
12:05PM - 4:45PM	OPEN	OPEN	LAP	LAP	LAP
4:45PM - 5:15PM	OPEN	OPEN	LAP	LAP	GSL
5:15PM - 9:00PM	OPEN	OPEN	LAP	LAP	LAP

SWIM MEET SCHEDULE:

Please check Swim Meet schedule posted within the Aquatics Center and on the website for updates to schedule or open hours due to January swim meets

Aquatics Center will have modified hours on 1/7, 1/8, and 1/14. Modified hours will be posted by the week of each meet.

HAC will practice in 7 lanes from 6-8am on 1/14

Competition Pool will be closing at 2:30pm on 1/17

Competition Pool will be closing at 4:45pm on 1/12, 1/17, 1/18, 1/19, 1/20

Aquatics Center will close at 5:45pm on 1/25, 1/27

HAC will practice in 7 lanes from 6-8am on 1/25