



Orange County Sportsplex

www.oc-sportsplex.com

101 Meadowlands Dr. Hillsborough, NC 27278



Summer '19 Swim Lesson Registration

Lessons are 30 minutes long, with 3-4 swimmers per class, depending on level.

Session	Dates	Times	Ages
June Session #1: M-Th	6/3 – 6/13	4:30, 5:00, 5:45, 6:15 pm	3+
June Session #2: M-Th	6/17 -6/27		
July Session #1: M-Th	7/8 – 7/18	4:30, 5:00, 5:45, 6:15 pm	3+
July Session #2: M-Th	7/22 – 8/1		
*Saturday Session: Sat. Mornings	6/8 – 8/3	10:00, 10:30, 11:15, 11:45 am	3+
*Parent-Tot Sessions: Sat. Mornings	6/8 – 8/3	9:00, 9:30 am	6 months - 2.5 yrs

***No Classes Mon, 7/1 – Saturday, 7/6**

Price: \$150/session (1 session is 8 classes)

Members receive a 15% discount

Class levels offered at specific times vary. Stop by the front desk or register online. Classes may be combined due to class ratios. Due to student to instructor ratios and the high demand for classes, we are not able to offer make-up sessions or credits/refunds for individual students who have missed a group class.

Select session(s) and correct pricing. You may register for multiple sessions. Select all that apply.

<input type="checkbox"/> June Session #1 (6/3 – 6/13)	<input type="checkbox"/> July Session #1 (7/8 – 7/18)	<input type="checkbox"/> Saturday Session (6/8 – 8/3)
<input type="checkbox"/> Member:	<input type="checkbox"/> Member:	<input type="checkbox"/> Member:
<input type="checkbox"/> Non-Member	<input type="checkbox"/> Non-Member	<input type="checkbox"/> Non-Member
<input type="checkbox"/> June Session #2 (6/17 – 6/27)	<input type="checkbox"/> July Session #2 (7/22 – 8/1)	<input type="checkbox"/> Parent-Tot Session (6/8 – 8/3)
<input type="checkbox"/> Member:	<input type="checkbox"/> Member:	<input type="checkbox"/> Member:
<input type="checkbox"/> Non-Member	<input type="checkbox"/> Non-Member	<input type="checkbox"/> Non-Member

Name: _____ D.O.B: _____

Parent/Guardian: _____

Address: _____ City: _____ Zip: _____

Phone(home): _____ Phone(cell): _____

Email: _____

Level (see chart on back side): _____

See chart below to determine which level your swimmer(s) need:

Pre-Levels: 3 - 5 Years Old	Pro-Levels: 6 - 10 Years Old
<p align="center">Pre Beg:</p> <p>Working on comfortability in the water, breath control, backfloating, and introduction to proper kicking techniques.</p> <p>To Graduate: Swimmers must jump in and backfloat for 30 seconds unassisted.</p>	<p align="center">Pro Beg:</p> <p>Working on confortability in the water, breath control, introduction to proper streamline kicking, as well as freestyle and backstroke.</p> <p>To Graduate: Swimmers must swim 25 feet of both freestyle and backstroke, and jump in and backfloat for 30 seconds unassisted.</p>
<p align="center">Pre Int:</p> <p>Working on streamline kicking, basic freestyle and backstroke, as well as an introduction to butterfly and breaststroke.</p> <p>To Graduate: Swimmers must swim 25 feet of both freestyle and backstroke, and jump in and backfloat for 1 min unassisted.</p>	<p align="center">Pro Int:</p> <p>Working on freestyle and backstroke technique, as well as introducing butterfly and breaststroke.</p> <p>To Graduate: Swimmers must swim 25 yards of both freestyle and backstroke, swim 25 feet of butterfly or breaststroke, and jump in and backfloat for 1 min unassisted.</p>
<p align="center">Pre Adv:</p> <p>Working on refining freestyle and backstroke, as well swimming butterfly and breaststroke.</p> <p>To Graduate: Swimmers must swim 25 yards of both freestyle and backstroke, swim 25 feet of butterfly or breaststroke, and jump in and backfloat/treadwater for 1 min unassisted.</p>	<p align="center">Pro Adv:</p> <p>Working on refining butterfly and breaststroke, as well swimming distance for all four strokes.</p> <p>To Graduate: Swimmers must swim 100 yards of both freestyle and backstroke, swim 25 yards of breaststroke or butterfly, and jump in and backfloat/tread water for 1 min unassisted.</p>

Due to student to instructor ratios and the high demand for classes, we are not able to offer make up sessions or credits/refunds for individual students who have missed a group class.

Swimmers who have passed the Pre/Pro Advanced level and are interested in The Hillsborough Aquatic Club. Contact the Head Coach, Cliff Gordon, today for more information on competitive and pre-competitive groups. **919.644.0339 ext 241**

As a participant or guardian/parent of a participant, I knowingly and freely assume all risks, both known and unknown, and whether or not such risks are foreseeable, in connection with participation in the Program. Even if such risks arise from the negligence of the participant, releasees, as defined below, or others. Participant assumes the risk of injury or death and takes full responsibility for participation in the Program. I consider myself and/or my dependents adequately trained and with sufficient knowledge to participate in the activities offered by Recreation Factory Partners, LLC: dba Orange County Sportsplex (hereinafter referred to as "The Sportsplex"). I hereby, on my own behalf and on the behalf of my dependents, release, discharge and hold harmless The Sportsplex, its employees and agents, for an and all injuries or losses sustained while participating in any of the activities or programs offered by The Sportsplex. I further agree that The Sportsplex shall not be responsible for any theft or loss of property while on the premises, including the parking lot. I further understand that The Sportsplex has the right to set the times and days that the facility and its activities will be available for member and public usage. The Sportsplex discourages any parent or guardian from dropping off children under the age of 13 without supervision of an adult over the age of 18, and does not assume responsibility of them.

Signature: _____ Date: _____